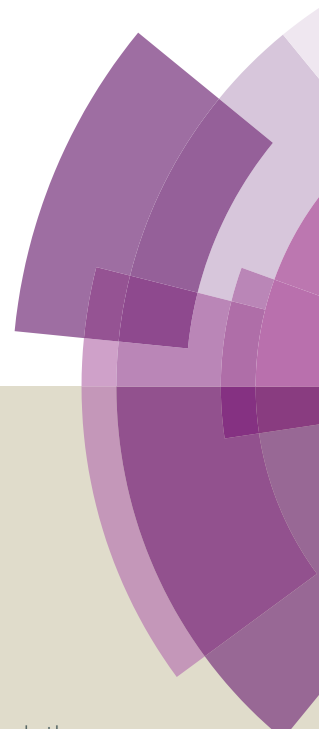


Food & Function

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1 ***Heracleum orphanidis*: chemical characterisation, comparative evaluation of antioxidant**
2 **and antimicrobial activity with specific interest in the influence on *Pseudomonas***
3 ***aeruginosa* PAO1**

4
5 **Running title:** *Heracleum orphanidis* chemical composition and bioactivities
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Abstract

GC–FID and GC–MS were used to determine the chemical composition of essential oil of aerial parts of *Heracleum orphanidis* Boiss. Also, HPLC–DAD/ESI–ToF–MS profile of methanol extracts of aerial parts and roots was determined. The main components of the essential oil were *n*–octanol, octyl hexanoate and *n*–octyl acetate, while coumarins were the most prevalent compounds in methanol extracts. An evaluation of antioxidant activity showed that methanol and aqueous extract of aerial parts had the highest potential. In terms of antimicrobial activity determined by microdilution assays, essential oil and methanol extract of roots showed the greatest effectiveness. The colonies of *Pseudomonas aeruginosa* PAO1 treated with *H. orphanidis* samples produced less toxic pyocyanin, showed lower twitching and flagella mobility and biofilm formatting was reduced. The analyses in this study showed considerable biological potential of *H. orphanidis* considering free radicals and various pathogenic strains, including wild type of *P. aeruginosa*.

Keywords: *Heracleum orphanidis*; Essential Oil; Antioxidant Activity; Antimicrobial Activity; Anti–quorum Sensing Activity, *Pseudomonas aeruginosa*

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67 1. Introduction

68 The genus *Heracleum* L. consists of about 70 species widely distributed in the northern
69 hemisphere¹. Species of this genus are characterized by simple, pinnate or 2–pinnate leaves and
70 white, greenish–yellow or pink flowers². In Macedonia, *Heracleum* is represented by two species
71 – *H. orphanidis* Boiss. and *H. sphondylium* L. *H. orphanidis* is a biennial or perennial plant, up
72 to 50 cm high, with unbranched or poorly branched stem and compose umbells with white
73 petals. This species is endemic to the Balkan Peninsula³.

74 It has been reported that roots, fruits and leaves of this genus are traditionally used as
75 antipyretics, analgesics, digestives, diaphoretics and for their carminative and antiseptic
76 properties^{4,5}. Many *Heracleum* species are edible and medicinal plants, such as *H. persicum*
77 which is extensively used as flavoring agent and spice for food in many parts of Iran. Firuzi *et*
78 *al.*⁶ reported its fruits as digestive and analgesic spice in soups and stews, while young stems are
79 used for making pickles⁷. American species *H. maximum*, which is useful against respiratory
80 ailments including tuberculosis, was part indigenous people diet⁸. *H. dissectum* young stems and
81 leaves are used as delicious vegetables and natural antihypertensive remedy by local people in
82 China⁹, while *H. siamicum* fruits as spices and as a carminative herbal drug in Thailand¹⁰. Tea
83 made from *H. platytaenium* leaves and fruits are helpful as folkloric drug for gastritis, enteritis
84 and in the treatment of the epilepsy¹¹. *H. rigens* is beneficial in curing constipation,
85 stomachache, diarrhea, gastric disorders and indigestion¹². In France, *H. sphondylium* is used for
86 a liqueur preparation, while in some Asian countries as food or food additive¹³. The roots of *H.*
87 *sphondylium* and *H. nepalense* are known to regulate menstrual problems, high blood pressure,
88 dyspepsia, digestive problems and diarrhea^{14,15}.

89 The chemical composition of essential oils (EO) of various *Heracleum* species (*e.g.* *H.*
90 *sprengelianum*, *H. persicum*, *H. platytaenium*, *H. crenatifolium*, *H. sphondylium*, *H. anisactis*)
91 have been previously reported. The major groups of compounds found in *Heracleum* EOs mostly
92 were aliphatic esters and alcohols, so as terpenoids^{13,16–19}. Literature survey on chemical
93 characterisation of extracts (Es) of *Heracleum* species revealed furanocoumarins, furocoumarin
94 dimers, coumarin glycosides, anthraquinones, stilbene and alkaloids as their main bioactive
95 constituents^{20–23}. Coumarins and furocoumarins as the most frequent compounds of the genus are
96 known for wide spectrum of pharmacological activities such as antioxidant, antimicrobial,
97 antiviral, anti-inflammatory, cytotoxic, *etc.* Furanocoumarins are widely used in pharmaceutical

98 industry as effective dermal photosensitizing agents, since they have potent stimulatory effect on
99 melanogenesis with significant enhancement of cell proliferation. They are important drugs in
100 vitiligo, psoriasis and leukoderma therapy of human skin^{23,24–27}.

101 Medical importance of *Heracleum* genus is confirmed by numerous studies on its
102 biological activities. Based on available data, wide biological potential of *H. persicum* was
103 found^{28–31}. Hajhashemi *et al.*²⁶ reported antinociceptive and anti-inflammatory effects in the
104 reduction of the pain and inflammation of *H. persicum*, supporting its traditional use.
105 Immunomodulatory, anticonvulsant and strong cytotoxic activities of different *H. persicum*
106 extracts were also confirmed^{28–30}. Besides, this species can be considered as potential
107 glutathione-S-transferase inhibitor³¹. Moderate significance of antioxidant, antimicrobial,
108 antitumor and cytotoxic activities of *H. persicum*, *H. transcaucasicum*, *H. pastinacifolium* and *H.*
109 *rechingeri* was demonstrated by Firuzi *et al.*⁶. Dash *et al.*^{15,32} reported significant *in vitro* and *in*
110 *vivo* antioxidant, antimicrobial and stimulation of immune function activity of *H. nepalense* Es.
111 Contrary, Es of *H. spondylium* and *H. rechingeri* showed no remarkable antimicrobial
112 potential^{13,14,33}.

113 Lately, discovering of new, suitable, antimicrobial agents is rapidly increasing since
114 different pathogens have developed resistance toward synthetic antibiotics and antimycotics. It is
115 known that pathogenic bacillus *Pseudomonas aeruginosa* causes nosocomial infections,
116 bronchopneumonia, septic shock and wound infections. This bacterium employs quorum sensing
117 (QS) mechanism to regulate its virulence and pathogenicity such as biofilm formation, swarming
118 motility, pigmentation, production of pathogenicity factors, toxins, degradative enzymes and
119 virulence factors. QS signal molecules are the main participants of intercellular signaling
120 pathway in which bacteria communicate and regulate gene expression by releasing small
121 compounds called autoinducers into the environment when they reach a certain population
122 density. Due to its role in regulatory processes and survival of bacteria, inhibition of QS systems
123 by disrupting or interfering within these communications between bacterial cells, is an important
124 target for developing novel anti-infective agents^{34–37}. Some publications reported anti-QS
125 activity of certain medicinal plants^{38–41}.

126 The aim of this study was to characterize chemical composition of EO and methanol Es
127 of *H. orphanidis*. According to the literature review, the chemical investigation of *H. orphanidis*
128 Es has not been performed previously, thus a tentative analyzes of methanol Es reported in our

129 study gives initial information about chemical composition of this plant. The final goal was to
130 explore *H. orphanidis* for its *in vitro* antioxidant, antimicrobial and anti-QS effects using *P.*
131 *aeruginosa* PAO1 as a model system. In addition, phenolic and flavonoid contents of Es were
132 determined.

133

134 2. Materials and methods

135 2.1. Solvents and chemical reagents

136 For performing the experiments, solvents that were provided were of analytical grade.
137 Most of organic solvents were procured from Zorka pharma, Šabac, Serbia. Acetonitrile (HPLC
138 grade), purchased from Merck KG (Darmstadt, Germany), formic acid (85% pure), purchased
139 from Lach-Ner, s.r.o. (Neratovice, Czech Republic) and Milli Q water 18.2 MΩcm, obtained
140 from a Millipore Simplicity 185 purification system, were used for the LC-MS analyses. Gallic
141 acid (98% pure), 3-tert-butyl-4-hydroxyanisole (BHA) ($\geq 99\%$), 2,2-dyphenyl-1-
142 picrylhydrazyl (DPPH) ($\geq 99\%$), Folin-Ciocalteu phenol reagent, potassium acetate ($C_2H_3KO_2$)
143 ($\geq 99\%$), aluminum trinitrate nonahydrate ($Al(NO_3)_3 \times 9H_2O$) ($\geq 98\%$), dimethyl sulfoxide dried,
144 β -carotene (analytical grade) and *p*-iodonitrotetrazolium violet color (INT) were obtained from
145 Sigma-Aldrich Co., St. Louis, MO, USA. Sodium carbonate anhydrous (Na_2CO_3) (analytical
146 grade) was purchased from Centrohem d.o.o, Stara Pazova, Serbia. Potassium peroxidisulphate
147 ($K_2O_8S_2$) ($\geq 99\%$), L(+)-ascorbic acid (Vitamin C), Tween 80 and linoleic acid (analytical
148 grade) were obtained from Acros organics, Fisher Scientific UK Ltd., Loughborough,
149 Leicestershire, UK. ABTS ($\geq 98\%$) and quercetin hydrate ($\geq 98\%$) were purchased from TCI
150 Europe NV, Boerenveldsweg, Belgium. Mueller-Hinton agar (MH), malt agar (MA) and Tryptic
151 Soy Broth (TSB) were obtained from the Institute of Immunology and Virology, Torlak
152 (Belgrade, Serbia). Streptomycin and ampicilin solutions ($100 \mu g ml^{-1}$) were obtained from
153 Hyclone (Logan, Utah, USA). Dimethylsulfoxide (DMSO) ($\geq 99.9\%$) was obtained from Merck
154 KGaA, Germany). Antimicotic Diflucan (containing 50 mg fluconazole) was obtained from
155 Pfizer PGM, Pocesur-Cisse, France.

156 2.2. Plant material

157 Plant material was collected at national park Mt. Pelister, surrounding of Bitola city in
158 Republic of Macedonia (GPS: N41°02'21", E21°12'50") in July, 2013. It was determined as
159 *Heracleum orphanidis* Boiss. by one of the authors (Prof. V.S. Matevski). A voucher specimen

160 of *H. orphanidis* (BU16777) is deposited at the Herbarium of the Institute of Botany and
161 Botanical Garden “Jevremovac”, Faculty of Biology, University of Belgrade, Serbia.

162 2.3. Preparation of plant Es

163 Pulverized, air-dried plant material (10 g) was treated with 200 ml of different solvents
164 to obtain methanol, ethanol and aqueous Es (ME, EE and AE). The ultrasonic extraction
165 procedure was carried out for 24 h in darkness (the first and the last hour in an ultrasonic bath).
166 Whatman filter paper No.1 was used for filtration after extraction. Methanol and ethanol Es were
167 subjected to solvent evaporation under reduced pressure at maximum temperature of 40°C.
168 Frozen aqueous Es were lyophilized. Thereafter, the Es packed in glass bottles were measured
169 (Table 1) and kept under refrigeration at 4°C until further utilization.

170 2.4. EO isolation

171 Yellowish EO of *H. orphanidis* was obtained from 200 g of dry plant material, by 3 h of
172 hydrodistillation using Clevenger type apparatus. The yield of the oil was 0.08% for herbal part
173 (w w⁻¹–dry bases). The EO was preserved in a sealed vials at 4°C prior to the further analysis.

174 2.5. Extraction method and LC analysis of *H. orphanidis* MEs of aerial parts and roots with 175 DAD and MS detection

176 The analysis of the MEs of aerial parts and roots was performed using HPLC–DAD/ESI–
177 ToF–MS system consisting of an HPLC instrument Agilent 1200 Series (Agilent Technologies,
178 Waldbronn, Germany), equipped with a degasser, a binary pump, an auto–sampler, a thermostated
179 column compartment and a diode array detector (DAD) and coupled with a 6210 Time–of–Flight
180 LC/MS system (Agilent Technologies, Santa Clara, California, USA) via an electro spray
181 ionization (ESI) interface.

182 Immediately before analysis, the dry residues of MEs were redissolved in 1 ml
183 acetonitrile–methanol (95:5) and samples (c = 10.0 mg ml⁻¹) were filtered through Captiva
184 Premium Syringe Filter Agilent Technologies (0.45 µm × 25 mm) and in a volume of 5 µl,
185 injected into a Zorbax Eclipse Plus C18 (150 mm × 4.6 mm i.d: 1.8 µm) column, maintained at
186 40°C. The mobile phase was a mixture of solvent A (0.20% formic acid in water) and solvent B
187 (acetonitrile) according to a combination of isocratic and gradient modes of elution: 0–1.5 min,
188 95% A, 1.5–26 min, 95–5% A, 26–35 min, 5% A, 36–41 min, 95% A, at a flow rate of 1.40 ml
189 min⁻¹.

190 Detection was accomplished using DA detector and storing the signals in the wavelength
191 range from 190–650 nm. The HPLC effluent was directed into the atmospheric pressure ESI ion
192 source of the mass spectrometer. The eluted compounds were mixed with nitrogen in the heated
193 nebulizer interface and the polarity was tuned to positive/negative. An adequate calibration of the
194 ESI parameters (capillary voltage, gas temperature, nebuliser pressure and fragment or voltage)
195 was required to optimise the response and to obtain a high sensitivity of the molecular ion. The
196 MS conditions were as follows: capillary voltage, 4000 V: gas temperature, 350°C: drying gas,
197 12 ml min⁻¹: nebuliser pressure, 45 psig: fragment or voltage, 140 V: mass range, 100–2000 *m/z*.
198 A personal computer system running Mass Hunter Workstation software was used for data
199 acquisition and processing. The Molecular Feature Extractor of Mass Hunter Workstation was
200 used to predict chemical formulas.

201 2.6. Gas chromatography–flame ionization detector (GC–FID) and gas chromatography–mass 202 spectrometry (GC–MS)

203 Qualitative and quantitative analysis of the EO was performed using GC–FID and GC–
204 MS methods. The GC–FID analysis of the oil was carried out on a GC HP–5890 II apparatus,
205 equipped with split–split less injector, attached to HP–5 column (25 m × 0.32 mm, 0.52 µm film
206 thickness) and fitted to FID. Carrier gas flow rate (H₂) was 1 ml per min, split ratio 1:30, injector
207 temperature was 250°C, detector temperature 300°C, while column temperature was linearly
208 programmed from 40–240°C (at rate of 4 ° per min). The same analytical conditions were
209 employed for GC–MS analysis, where HP G 1800C Series II GCD system equipped with HP–
210 5MS column (30 m × 0.25 mm, 0.25 µm film thickness) was used. Transfer line was heated at
211 260°C. Mass spectra were acquired in EI mode (70 eV), in *m/z* range 40–400. An identification
212 of the individual EO components was accomplished by comparison of retention times with
213 standard substances and by matching mass spectral data with those held in Wiley 275 library of
214 mass spectra. Confirmation of pick identification was performed using AMDIS software and
215 literature⁴². For the purpose of quantitative analysis area percents obtained by FID was used as a
216 base.

217 2.7. Antioxidant activity

218 2.7.1. Determination of DPPH free radical scavenging activity

219 The free radical scavenging capacity of EO and Es was determined using DPPH assay
220 described by Blois⁴³. This spectrophotometric procedure (JENWAY 6306 UV/Vis) was

221 performed to evaluate the quantity of tested solutions needed to reduce 50% of the initial DPPH
222 radical concentration. EO was diluted in methanol (0.25–2.00 $\mu\text{l ml}^{-1}$), and Es in appropriate
223 solvents (0.25–3.50 mg ml^{-1}). 0.2 ml of each dilution was mixed with 1.8 ml of DPPH methanol
224 solution (0.04 mg ml^{-1}). The absorbance was recorded at a wavelength 517 nm after 30 minutes
225 of dark incubation at room temperature against blank consisting of methanol. BHA and ascorbic
226 acid were used as reference standards. The corresponding percentage of inhibitions of each
227 sample was calculated from obtained absorbance values by using following equation:

228 Percentage (%) of inhibition = $(A_c - A_s) / A_c \times 100$.

229 Tested concentrations of EO and Es which decrease absorption of DPPH solution for
230 50% (IC_{50}) were obtained from the curve dependence of absorption of DPPH solution on 517 nm
231 from concentration for each tested solution and used standards.

232 2.7.2. Determination of ABTS radical scavenging activity

233 The procedure of Miller & Rice–Evans⁴⁴ with slightly modifications was followed for
234 determination of *in vitro* ABTS radical scavenging potency of Es. Before usage, 5 ml of the
235 mixture of 2.46 mM potassium persulfate and 19.2 mg of ABTS was allowed to react in the dark
236 for 12–16 h at room temperature to obtain $ABTS^+$ solution. 100–110 ml of distilled water was
237 added to 1 ml of $ABTS^+$ solution to adjust an absorbance of 0.7 ± 0.02 units at 734 nm. The
238 mixtures of 2 ml of diluted $ABTS^+$ solution and 50 μl of each tested extract solution were
239 incubated for 30 minutes at 30°C and the absorbance was determined by spectrophotometer at
240 734 nm, using water as a blank. For every experiment fresh $ABTS^+$ solution was prepared.

241 The results were expressed from Vitamin C calibration curve ($0\text{--}2 \text{ mg l}^{-1}$) in mg of Vit. C
242 equivalents (E) g^{-1} of dry extract (DE). Tests were carried out in triplicate and all measurements
243 were expressed as average of three analyses \pm standard deviation.

244 2.7.3. The β -carotene bleaching (BCB) test

245 Antioxidant activity of *H. orphanidis* Es was determined following the β -carotene–
246 linoleic acid method described by Miller⁴⁵ with some modifications. Methanol solutions of each
247 extract at final concentrations of 2.5 to 15 mg ml^{-1} were incorporated into β -carotene–linoleic
248 acid emulsion. The emulsion was prepared by pipetting 2 ml of β -carotene solution (2 mg of β -
249 carotene was dissolved in 10 ml of chloroform) into covered round bottomed flask containing
250 linoleic acid (40 mg) and Tween 80 (400 mg). The chloroform was evaporated under vacuum at
251 40°C using a rotary evaporator and after adding 100 ml of oxygenated water, the content was

252 vigorously shaken to form an emulsion. Aliquots (2400 μl) of β -carotene–linoleic acid emulsion
253 were distributed in test tubes with 100 μl of solutions of tested Es. Zero adjustment was done
254 using blank, consisting of an emulsion without β -carotene. The absorbance readings were
255 performed immediately ($t = 0$ min) at 470 nm using JENWAY 6306 UV/Vis and after incubation
256 for 120 min in a water bath at 50°C. Control samples contained 100 μl of methanol instead of Es
257 mixed with an emulsion. Synthetic references BHT and BHA were also analyzed for
258 comparison. The antioxidant activity of Es was evaluated in term of inhibition of β -carotene
259 bleaching caused by radicals formed by linoleic acid oxidation in an emulsion and prevention of
260 its photo-oxidation using the following formula:

261 Percentage (%) of inhibition = $[(A_{c_0} - A_{c_{120}}) - (A_{s_0} - A_{s_{120}}) / A_{c_0} - A_{c_{120}}] \times 100$:

262 Where A_{c_0} and A_{s_0} are the initial absorbance values of control and samples measured at
263 zero time: $A_{c_{120}}$ and $A_{s_{120}}$ are the absorbance values of control and samples after incubation of
264 120 min. The results are expressed as IC_{50} values (mg ml^{-1}), the concentration required to cause
265 a 50% β -carotene bleaching inhibition. Test was carried out in triplicate.

266 2.7.4. Total phenolic content (TPC)

267 Spectrophotometric method described by Singleton *et al.*⁴⁶ with some modifications was
268 applied for recording total TPCs of all tested Es, using Folin–Ciocalteu reagent and gallic acid
269 (GA) as a standard. After preparing 10% Folin–Ciocalteu reagent, the mixtures of 1000 μl of
270 this solution and 200 μl of Es solutions (1 mg ml^{-1}) were left to react for 6 minutes. After short
271 incubation, 800 μl of 7.5% sodium carbonate solution was added and thus prepared solution was
272 allowed to stand for 2 h at room temperature under condition of darkness. The absorbance was
273 measured at 736 nm versus blank sample. Total phenols were calculated from GA calibration
274 curve (10 – 100 mg l^{-1}). Data were expressed as milligrams of GAE g^{-1} of DE. The values were
275 presented as means of triplicate analysis.

276 2.7.5. Total flavonoid content (TFC)

277 Measurements of TFCs of investigated Es were based on the method described by Park *et*
278 *al.*⁴⁷ with slight modification. An aliquot of each extract solution (1 ml) was mixed with 80%
279 $\text{C}_2\text{H}_5\text{OH}$, 10% $\text{Al}(\text{NO}_3)_3 \times 9\text{H}_2\text{O}$ and 1M $\text{C}_2\text{H}_3\text{KO}_2$. Absorption readings at 415 nm using
280 spectrophotometer were taken after 40 minutes against blank sample consisting of a 0.5 ml 96%
281 $\text{C}_2\text{H}_5\text{OH}$ instead of tested sample. The TFCs were determined from quercetin hydrate (QE)

282 standard curve (10–100 mg l⁻¹). Results were expressed as mg of QEE g⁻¹ of DE. Measurements
283 were done in triplicates.

284 2.8. Antimicrobial activity

285 2.8.1. Preparation of stock solutions of plant Es

286 *H. orphanidis* crude Es were dissolved in 5% DMSO to obtain stock solutions (20 mg ml⁻¹
287 l) for further testing of antimicrobial activity. Different dilutions of stock Es solutions were
288 tested against different pathogenic microorganisms.

289 2.8.2. Microbial cultures treated isolates

290 The antimicrobial activity of all investigated samples was tested using pure control
291 strains obtained from Mycological laboratory, Department of Plant Physiology, Institute for
292 Biological Research “Siniša Stanković“, Belgrade, Serbia. The microorganisms included
293 following bacterial strains: *Bacillus cereus* (food isolate), *Listeria monocytogenes* (NCTC 7973),
294 *Micrococcus flavus* (ATCC 10240) and *Staphylococcus aureus* (ATCC 6538), *Enterobacter*
295 *cloacae* (human isolate), *Escherichia coli* (ATCC 35210), *Pseudomonas aeruginosa* (ATCC
296 27853), and *Salmonella typhimurium* (ATCC 13311). The following micromicetes were used:
297 *Aspergillus fumigatus* (ATCC 9197), *Aspergillus niger* (ATCC6275) *Aspergillus ochraceus*
298 (ATCC 12066), *Aspergillus versicolor* (ATCC 11730), *Penicillium funiculosum* (ATCC 10509),
299 *Penicillium ochrochloron* (ATCC 9112) and *Trichoderma viride* (IAM 5061) and yeast *Candida*
300 *albicans* (ATCC 10231), Dilutions of bacterial inocula were cultured on solid MH medium,
301 while fungi were maintained on solid MA medium. The cultures were subcultured once a month
302 and stored at + 4°C for further usage⁴⁸.

303 2.8.3. Micro-well dilution assay

304 For determination of antimicrobial activity of *H. orphanidis* EO and Es, modified
305 microdilution technique described by Hanel and Raether⁴⁹ and CLSI, 2009⁵⁰ was applied. Assay
306 was performed by sterile 96-well microtiter plates, by adding pure EO or dilutions of tested Es
307 (in 5% DMSO) into corresponding medium – TSB and MA, for bacteria and fungi, respectively.
308 To achieve the concentration of 1.0 x 10⁸ colony forming units CFU ml⁻¹ for bacterial strains,
309 100 µl of overnight cultures were mixed with 900 µl of medium in eppendorf. Fungal inocula
310 were prepared by washing spores with sterile 0.85% saline solution (which contains 0.1% Tween
311 80 (v v⁻¹)). The microbial cell suspensions were adjusted with sterile saline to a concentration of
312 approximately 1.0 x 10⁶ CFU ml⁻¹ for bacteria and 1.0 x 10⁵ CFU ml⁻¹ for fungi in a final volume

313 of 100 μl per well. The microplates were incubated for 24 h at 37°C for bacteria and for 72 h at
314 28°C for fungi. The lowest concentrations of tested samples completely inhibiting the growth of
315 used pathogens were defined as minimum inhibitory concentrations (MICs). The minimum
316 bactericidal/fungicidal concentrations (MBCs, MFCs) were determined as the lowest
317 concentrations with no visible growth after serial subcultivation, indicating 99.5% killing of the
318 original inoculums⁴⁹. In addition, bacterial growth was determined by a colorimetric microbial
319 viability assay, based on reduction of 0.2% INT aqueous solution and compared with positive
320 control for each bacterial strain^{50,51}. Two replicates were done for each sample. The solution of
321 synthetic standard streptomycin with concentration of 1 mg ml⁻¹ 5% DMSO was used as positive
322 control for bacteria, while the fluconazole solution at concentration of 2 mg ml⁻¹ 5% DMSO,
323 was included for fungi. Sterilized distilled water containing 0.02% Tween 80 and 5% DMSO
324 was used as negative control.

325 2.9. Anti-QS activity of EO and Es

326 2.9.1. Bacterial strains, growth media and culture conditions

327 In this work, *Pseudomonas aeruginosa* PAO1 from the collection from Mycoteca of the
328 Institute for Biological Research "Siniša Stanković", Belgrade, Serbia, was used. Bacteria were
329 routinely grown in Luria–Bertani (LB) medium (1% w v⁻¹ NaCl, 1% w/v Tryptone, 0.5% w/v
330 yeast extract) with shaking (220 rpm) and cultured at 37°C.

331 2.9.2. Biofilm formation

332 The effect of different concentrations of the EO and ME, EE and AE of *H. orphanidis*
333 (ranging from 0.5, 0.25 and 0.125 of MICs, respectively) on biofilm forming ability was tested
334 on polystyrene flat-bottomed microtitre 96 – well plates as described by Spoering and Lewis⁵²:
335 Drenkard and Ausubel⁵³, with some modifications.

336 In brief, 100 μl of overnight culture of *P. aeruginosa* (inoculum size was 1 x 10⁸ CFU
337 ml⁻¹) was added to each well in the presence of 100 μl subinhibitory concentrations (subMIC) of
338 *H. orphanidis* samples (0.5, 0.25 and 0.125 MIC) or 100 ml medium (control). After incubation
339 for 24 h at 37°C, each well was washed twice with sterile PBS (pH 7.4), dried, stained for 10 min
340 with 0.1% crystal violet in order to determine the biofilm mass. After drying, 200 μl of 95%
341 ethanol (v v⁻¹) was added to solubilise the dye that had stained the biofilm cells. The excess stain
342 was washed off with dH₂O. After 10 min, the content of the wells was homogenized and the

343 absorbance at $\lambda = 625$ nm was read on a SunriseTM – TecanELISA reader. The experiment was
344 done in triplicate and repeated two times and values were presented as a mean values \pm SE.

345 2.9.3. *Twitching and flagella motility*

346 After growth in the presence or absence of subMICs of *H. orphanidis* samples and
347 reference controls, the cells of *P. aeruginosa* PAO1 were washed twice with sterile PBS and re-
348 suspended in PBS at 1×10^8 CFU ml⁻¹ (OD of 0.1 at 660 nm). In brief, cells were stabbed into a
349 nutrient agar plate with a sterile toothpick and incubated overnight at 37°C. Plates were then
350 removed from the incubator and incubated at room temperature for two more days. Colony edges
351 and the zone of motility were measured with a light microscope^{54,55}. SubMIC (0.5 MICs) of EO
352 and Es were mixed into 10 ml of molten MH medium and poured immediately over the surface
353 of a solidified LBA plate as an overlay. The plate was point inoculated with an overnight culture
354 of PAO1 once the overlaid agar had solidified and incubated at 37°C for 3 days. The extent of
355 swimming was determined by measuring the area of the colony⁵⁶. Experiment was done in
356 triplicate and repeated two times. The colony diameters were measured three times in different
357 direction and values were presented as a mean values \pm SE.

358 2.9.4. *Inhibition of synthesis of P. aeruginosa PAO1 pyocyanin*

359 The flask assay was used to quantify the inhibitory activity of the *H. orphanidis* against
360 *P. aeruginosa* pyocyanin production. Overnight culture of *P. aeruginosa* PAO1 was diluted to
361 OD₆₀₀ nm 0.2. Then, 0.5 MICs of tested EO (0.065 mg ml⁻¹) and Es dissolved in 5% of DMSO
362 (0.5 – 2.5 mg ml⁻¹) were added to the bacteria (5.00 ml) and incubated at 37°C for 24 h. The
363 treated culture was extracted with chloroform (3 ml), followed by mixing the chloroform layer
364 with 0.2 M HCl (1 ml). Absorbance of the extracted organic layer was measured at 520 nm using
365 a Shimadzu UV1601 spectrophotometer (Kyoto, Japan)⁵⁶. Experiment was done in triplicate and
366 repeated two times. The values were expressed as ratio (OD₅₂₀ / OD₆₀₀) x 100.

367 2.10. *Statistical analysis*

368 For tested EO and each extract, three samples were used and all assays were carried out
369 in triplicate. The results are expressed as mean values and standard deviation (SD). The results
370 were analyzed using one-way analysis of variance (ANOVA) followed by Tukey's HSD Test
371 with $\alpha = 0.05$. This analysis was carried out using SPSS v. 18.0 program.

372

373 3. Results

374 3.1. EO chemical composition

375 According to GC–FID and GC–MS, fifty–five constituents were determined in EO of *H.*
376 *orphanidis*, representing 97.24% of the total EO amount. The components are listed in Table 2,
377 and a significant presence of fatty acids derivatives (80.78%) is evident. The EO consisted mainly
378 of fatty alcohols (40.98%), fatty acid esters (39.80%) and carboxylic compounds (16.46%)
379 Sesquiterpene hydrocarbons (4.63%) were the most abundant group of carboxylic compounds.
380 Also, it was noted that aldehydes prevailed over ketones, with *n*–octanal (1.20%) predominated,
381 while oplopanone (2.12%) was the most abundant ketone. The most dominant constituent in the
382 EO was fatty alcohol *n*–octanol (39.57%), followed by esters of fatty acids, octyl hexanoate
383 (17.62%) and *n*–octyl acetate (14.12%).

384 3.2. Tentative analyzes of MEs

385 Tentatively assigned components of the MEs of the aerial parts and the roots of *H.*
386 *orphanidis* are given in Tables 3 and 4, respectively. The identification of components was based
387 on LC–MS analysis and they were assigned in concordance with the molecular formula and
388 supported by LC–DAD data. The MEs of aerial parts and the roots of *H. orphanidis* are
389 characterised by furanocoumarins. Ten linear and five angular furanocoumarins, beside the
390 coumarin dimer moellendorfflin and three furanocoumarin glucosides (apterin, yunngnoside B,
391 smyrindioloxide) were identified in the root extract (Table 4). Eight furanocoumarins and four
392 simple coumarins (6,7,8–trimethoxycoumarin, 7–isopentenylloxycoumarin, osthenol and
393 ostruthin) as well as 5–sinapoylquinic acid were recognized in the aerial parts extract. *E,E*–
394 Farnesylacetone, linolenic, pinellic, vernolic and 9*Z*,12*Z*–linoleic acids were identified in both
395 MEs. The well known polyacetylenic ketone falcarinone was found in the aerial parts of the
396 plant. Two components were identified for the first time in Apiaceae family: 5–sinapoylquinic
397 acid, detected in aerial parts and vernolic acid detected in both extracts. The commonest
398 furanocoumarins of the genus *Heracleum* such as isobergaptin, bergaptin, sphondin,
399 pimpinellin, isopimpinellin and xanthotoxin were identified in both MEs of this species (Tables 3
400 and 4).

401 3.3. Antioxidant activity, TPCs and TFCs

402 Table 5 presents the results of antioxidant activities of *H. orphanidis* samples carried out
403 by three different assays. According to DPPH test, the best radical scavenging potential showed
404 ME of aerial parts ($IC_{50} = 0.55 \text{ mg ml}^{-1}$). The antioxidant activities of tested samples were

405 recorded in following order: ME > EE > AE > EO for aerial parts Es and EE > ME > AE for
406 roots Es. The results of ABTS test suggested that AE of aerial parts (1.13 mg Vit. C g⁻¹ of DE)
407 had the highest activity, as twice as effective then ME of aerial parts (0.642 Vit. C g⁻¹ of DE).
408 Due to β -carotene–linoleic acid test, the results were consistent with the data obtained in DPPH
409 test. The inhibition potential of *H. orphanidis* ME of aerial parts (4.28 mg ml⁻¹) was found to be
410 the highest, contrary to AE of roots (17.46 mg ml⁻¹). AE of aerial parts was registered as the
411 sample with the highest phenolics content, while measured values of total flavonoid contents
412 ranged from 1.77 to 24.23 mg QE g⁻¹ for dry EEs of aerial part and roots, respectively.

413 In general, higher phenolic and flavonoid contents recorded in Es obtained from aerial
414 parts, resulted in stronger antioxidant potential detected by all applied assays (Table 5).
415 According to β -carotene bleaching test, MEs expressed stronger antioxidant potential than EEs,
416 while in DPPH and ABTS assays their activities were similar. It was observed that AE of roots
417 revealed the weakest antioxidant activity and the lowest concentration of total phenols.

418 3.4. Antimicrobial properties

419 Antimicrobial activities of *H. orphanidis* samples are listed in Tables 6 and 7. Regarding
420 to antibacterial activity of *H. orphanidis*, inhibition of growth of Gram–positive strains was more
421 prominent. As presented in Table 6, EO has proven to be the most effective against used bacteria
422 (MBCs = 0.26 – 1.05 mg ml⁻¹), showing the similar activity to streptomycin. The most sensitive
423 strains were *B. cereus* and *S. typhimurium*, while *M. flavus*, *L. monocytigenes* and *E. coli*
424 revealed to be the most resistant bacteria (Table 6). According to the results shown in Table 7,
425 the strongest antifungal potential was reached with ME of roots (MFCs = 3 – 14 mg ml⁻¹), which
426 was still lower than control fluconazole activity. The most sensitive fungus was *A. versicolor*,
427 while *A. niger* and *C. albicans* were the most resistant fungi. According to values of effective
428 concentrations, it can be concluded that Es exhibited higher antibacterial than antifungal potency.

429 3.5. Anti-QS activity of EO and Es

430 3.5.1. Biofilm formation

431 The results of *H. orphanidis* EO and Es effects on *P. aeruginosa* PAO1 biofilm formation
432 are presented in Table 8. The samples were tested at 0.5, 0.25 and 0.125 of MIC values (MICs
433 are given in Table 6). It was demonstrated that subMICs of used samples were sufficient for
434 effective reduction and inhibition of the biofilm formation. All tested samples showed certain
435 anti-biofilm activity, but the best reduction was noticed in the presence of 0.125MICs of the

436 samples. *H. orphanidis* allowed the biofilm formation in the range of 52.66 % – 81.64 %, where
437 EE of aerial parts had the strongest inhibition effect on biofilm formation, reducing 32.13% to
438 47.34% of biofilm formation. The lowest activity showed EO, which reduced only 18.33 –
439 19.08% of colony formation. In comparison, in the presence of commercial antibiotics
440 streptomycin and ampicillin, biofilm formation occurred in wider range (49.40 % – 92.16 %),
441 with slightly stronger biofilm inhibition recorded for streptomycin.

442 3.5.2. Twitching and flagella mobility

443 In this study, *H. orphanidis* samples reduced the twitching and flagella mobility of *P.*
444 *aeruginosa*. As it can be seen from Table 9, the colors of the colonies ranged from white,
445 through light green to green. After two days of incubation at room temperature, expansion of
446 control colony occurred very rapidly due to twitching mobility. Due to Table 9 and Fig. 1,
447 control colony produced swimming zones to 100% with diameter of 12.00 mm and displayed
448 rough appearance, regular surface, irregular colony edges and a hazy zone around the colony in
449 the absence of tested EO and Es. The flagella were with regular size and the cells were in very
450 thin layer.

451 Bacterial colonies grown in the presence of *H. orphanidis* samples were capable of
452 producing twitching zone with round, smooth, regular colony edges. Colonies in the presence of
453 aerial parts Es were smaller in diameter than in the presence of roots Es. The largest in diameter
454 were colonies treated with ME and EE of aerial parts (20.33 mm and 18.00 mm, respectively),
455 contrary to colonies treated with EO and streptomycin (10.33 mm and 11.00 mm, respectively).

456 Considering shape, number and size of flagella in bacterium, the most reduced flagella in
457 all tree parameters were in colony grown with roots AE. Contrary, the largest, almost regular
458 flagella were detected in the presence of ME of aerial parts. Streptomycin reduced the flagella in
459 a large degree, while ampicillin minimally affected the formation of flagella (Fig. 1, Table 9).

460 3.5.3. Inhibition of synthesis of *P. aeruginosa* PAOI pyocyanin

461 A flask assay was used to quantify *H. orphanidis* QS inhibitory activity against
462 pyocyanin production. Addition of subMICs of EO and Es effected production of pyocyanin in
463 certain amount, the presence of which is indicated by the green coloration of the samples.
464 Referring to the results from Fig. 2 it could be seen that pyocyanin was less produced in the
465 presence of EO and Es (from 41.07% to 102.97%) than by control strain (141.55%). It was
466 observed that addition of some *H. orphanidis* samples reduced the level of the pigmentation

467 more than in the presence of used antibiotics. The strongest inhibition of pigment's production
468 was detected by EO and EE of aerial parts. *H. orphanidis* EO (41.03%), EEs of aerial parts and
469 roots (47.20 and 83.40%, respectively) and AE of roots (64.52%) more efficiently prevented
470 pigment production than both applied antibiotics (84.27% and 97.56% for streptomycin and
471 ampicillin, respectively). The maximum of pyocyanin synthesis was detected with addition of
472 ME of aerial parts and roots, followed by AE of aerial parts. Inhibition of pyocyanin production
473 of *P. aeruginosa* by *H. orphanidis* samples has further strengthened its anti-QS behavior.

474

475 4. Discussion

476 EO composition of *H. orphanidis* reported in this study revealed *n*-octanol, *n*-octyl
477 acetate and octyl hexanoate as the most abundant compounds. Octyl acetate, present in notable
478 amount in *H. orphanidis* oil, previously was identified as the major component of *H.*
479 *crenatifolium*, *H. sphondylium* and *H. platytaenium* oil samples, while octyl acetate and *n*-
480 octanol were dominant in *H. crenatifolium* EO subsequently studied^{18,57}. Similarly to the results
481 obtained for this EO, the main compounds in *H. sphondylium* EO were *n*-octanol, octyl-butirate
482 and octyl-acetate^{14,58}. In some recorded data, it has been shown that *H. persicum* EO was
483 characterized by hexyl butyrate, octyl acetate and also by viridiflorol and *trans*-anethole which
484 were completely absent in *H. orphanidis* sample^{6,29,59,60}. Additionally, components like
485 myristicin, (*E*)-anethole, hexyl butanoate and elemicin were not detected in this study, although
486 some authors cited them as major components in related *Heracleum* species^{6,61,62}.

487 Specified structures of components tentatively assigned in *H. orphanidis* MEs are mostly
488 in line with literature on *Heracleum* species or family Apiaceae^{63–98}. The most abundant
489 components in the aerial parts and the roots of *H. orphanidis* are furanocoumarins, which are
490 characteristic for the genus and could be found in all plant parts (aerial parts, roots, seeds)
491^{8,20,25,67,68}. The polyacetylenic ketone falcarinone was found in the aerial parts. This compound is
492 characteristic for Apiaceae vegetables^{69,70}, but there is no data about its presence in the genus
493 *Heracleum*. 5-sinapoylquinic acid⁷¹ and vernolic acid⁷² have not been identified in the family
494 Apiaceae so far. On the contrary, all determined coumarins were found in the *Heracleum*
495 species. Isobergapten, bergapten, sphondin, pimpinellin, isopimpinellin and xanthotoxin^{73–75}
496 occur in 30 – 40 species at least, representing the commonest furanocoumarin of the genus.

497 Previously, some studies on *in vitro* antioxidant and antimicrobial activity of related
498 species were published. According to the results presented in Table 5, it can be concluded that *H.*
499 *orphanidis* EO showed moderate antioxidant activity, which is in accordance to the results of
500 Firuzi *et al.*⁶ where *H. pastinacifolium*, *H. transcaucasicum*, *H. rechingeri* and *H. persicum* EOs
501 demonstrated moderate antioxidant effects. Also, the modest antioxidant potential of *H.*
502 *transcaucasicum* EO was shown by Torbati *et al.*⁶¹ In this study, *H. orphanidis* EO showed
503 significantly lower antioxidant activity compared to ascorbic acid and BHA, contrary to *H.*
504 *sprengelianum* EO which expressed higher effect than these controls¹³. Furthermore, it was noted
505 that all tested *H. orphanidis* samples exhibited lower radical scavenging activity compared to
506 used references. Analyses presented in this work showed that ME of roots possessed low
507 antioxidant activity (Table 5), opposite to the results obtained by Dash *et al.*¹⁵ for ME of *H.*
508 *nepalense* roots which exhibited significant potency. Approximate intensity of antiradical
509 activity was observed for MEs of aerial parts of *H. orphanidis* and *H. persicum*³¹. In addition, all
510 *H. orphanidis* Es exhibited moderate to low lipid peroxidation inhibitory activity compared to
511 used references: the same results in β -carotene bleaching method were demonstrated for *H.*
512 *platytaenium* petroleum ether and methanol Es²⁰.

513 *H. orphanidis* EO, MEs and EEs exhibited significant anti-staphylococcal activity in the
514 same range as *H. nepalense* Es of roots in the study of Dash *et al.*¹⁵ Considering antibacterial
515 activity, *H. orphanidis* EO was more effective compared to *H. sphondylium* EO¹³. While *H.*
516 *orphanidis* EO stopped the growth of *P. aeruginosa* in the concentration less than streptomycin
517 (Table 6), it was the most sensitive strain in the work of Firuzi *et al.*⁶ The findings achieved for
518 *H. anisactis* and *H. transcaucasicum* EOs and *H. sphondylium* Es showed that they were
519 ineffective against used bacteria^{33,61}. *H. orphanidis* AEs expressed low activity towards some of
520 tested bacteria and similar results were recorded for AEs of *H. candicans*, *H. persicum* and *H.*
521 *mantegazzianum*^{99,100}.

522 Although, some authors have reported inhibitory anti-QS effects of plants and
523 compounds from natural sources^{35,38–40,101}, *H. orphanidis* was not examined for its anti-QS
524 activity. Results obtained for anti-QS activity of *H. orphanidis* as natural agent against
525 pathogenic *P. aeruginosa* are of significant value since virulence factors, regulated by gene
526 expression are the mode of bacteria's protection from the immune system of the host³⁶. An
527 essential role in the initial stage of biofilm formation is played by twitching and flagella mobility

528 of *P. aeruginosa*, performed by specific flagellum and type IV pili. Toxic pigment pyocynin
529 produced by this bacterium acts as a virulence factor and reduction of its production is crucial for
530 increasing the effectiveness of host defense⁵⁵. To the present, there is no sufficient information
531 that can point out a genuine mechanism of QS inhibition. Earlier, a few potential modes of action
532 have been proposed based on interference with the QS system, such as inhibition of biosynthesis
533 of auto-inducer molecules, inactivation or degradation of the auto-inducer, interference with the
534 signal receptor and inhibition of the genetic regulation system¹⁰².

535 Considerable efforts were made for discovering new, natural anti-QS agents. Among
536 MEs of 97 plants from Korea that were screened for anti-QS activity, *Angelica dahurica*
537 (Apiaceae) was in group of sixteen species that possessed the strongest anti-QS activity against
538 *P. aeruginosa* PAO1 and *C. violaceum* CV12472¹⁰³. Chong *et al.*¹⁰⁴ also found that *A. dahurica*
539 roots Es exhibited anti-QS properties, by inhibiting the selected virulence determinants of *P.*
540 *aeruginosa* PAO1. EOs of *Ferula asafoetida* and *Dorema aucheri* (Apiaceae), exhibited anti-QS
541 activity against *P. aeruginosa*, but pyocyanin and biofilm production were not affected by *D.*
542 *aucheri* EO³⁵. In our study, *H. orphanidis* EO had the best reduction potential in suppression of
543 pyocyanin synthesis. Furocoumarins recorded in this work as the main group of compounds in *H.*
544 *orphanidis* MEs, were shown to hinder the formation of biofilm in *P. aeruginosa* *E. coli* and *S.*
545 *typhimurium*^{105,106}. Opposite results in colony diameter and anti-biofilm activity of *H.*
546 *orphanidis* EO and EE of aerial parts were observed. It can be seen from Tables 6 and 8 that
547 antibacterial and anti-biofilm activities of EO were in contrast as well. The results obtained for
548 these samples could be associated with possible different mechanisms responsible for their
549 activity. Different ingredients could be associated with specific effects on QS system due to
550 complexity of EO and Es compositions. In addition, various plant Es differently affect the
551 biofilm formation, so the method of preparation of Es should be also considered^{38,107}. Obtained
552 results for *H. orphanidis* suggested that AEs expressed less anti-biofilm activity compared to
553 MEs and EEs, which was in conformity with results obtained for antimicrobial activity. Es
554 obtained from aerial parts were more effective than Es obtained from roots in suppression of
555 biofilm formation (Table 8). All this data additionally validate the use of higher plants as native
556 source rich in anti-QS compounds as novel virulence inhibitors.

557

558 5. Conclusions

559 Given results revealed that EO contained fifty–five compounds in various concentrations with *n*–
560 octanol as the main component and this identification provided the possibility for consideration
561 towards future focus on targeting the active constituents and their mutual interactions. The
562 tentative examination of *H. orphanidis* MEs was done to obtain a preliminary profile of variety
563 of their compounds. This underlines the potential of *H. orphanidis* as an exploitable source for
564 isolation of its pure compounds, which would valorize this species. Tested samples possessed
565 antioxidant activity, especially ME and AE of aerial parts. Since EO has proven to be the most
566 effective against used bacteria, this indicates potential use of *H. orphanidis* in prevention or/and
567 in control of microbial growth. Thus, these species may become pharmaceutically relevant,
568 particularly for antibiotic–resistant strain *P. aeruginosa*. The results encourage the application of
569 plant for further evaluations of other possible bioactivities and detection of active pure
570 compounds as constituents of the EO and Es in order to confirm these findings. Taken together,
571 data presented in this study highlighted the potential of *H. orphanidis* as source of natural
572 material for therapeutic use.

573

574 **Acknowledgments**

575 The authors are grateful to the Ministry of Education, Science and Technological Development
576 of the Republic of Serbia for financial support (Grants No. 173029, 173032 and 172053).

577

578 **Conflicts of interest**

579 There are no conflicts of interest to declare.

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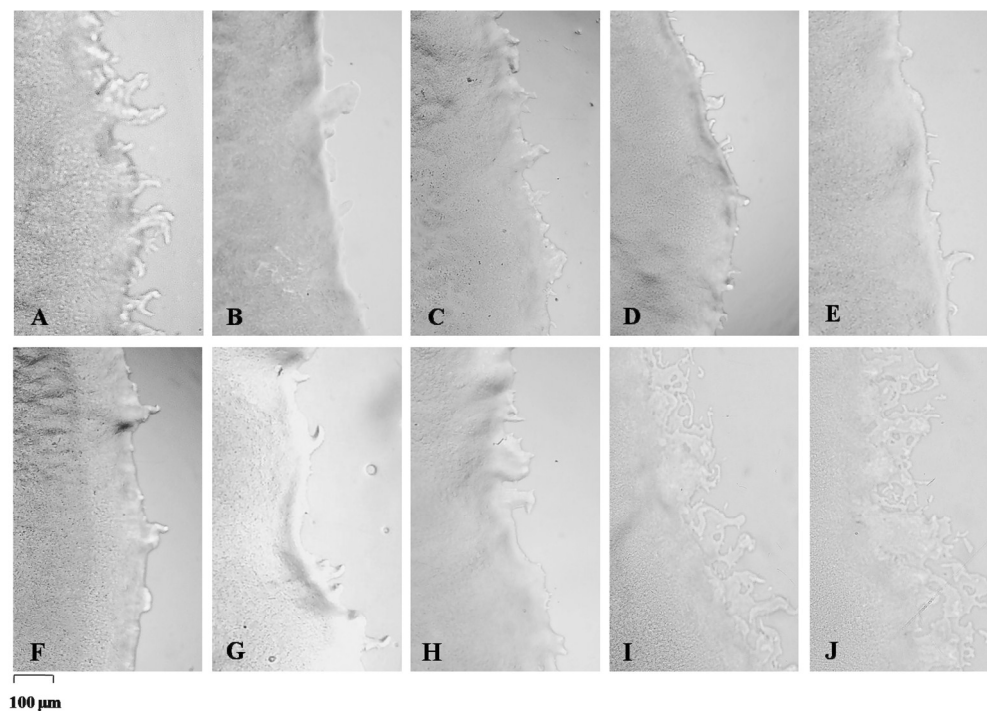


Fig. 1 Light microscopy of colony edges of *P. aeruginosa* in twitching motility, grown in the presence or absence of *H. orphanidis* EO, Es and commercial antibiotics. The bacterial colonies grown with the presence of 0.5 MIC of Es (A–F) and EO (G); *P. aeruginosa* colony in presence of streptomycin (0.5 MIC) had reduced protrusion (H); *P. aeruginosa* colony in presence of ampicillin with regularly formed protrusions (I); *P. aeruginosa* produced a flat, widely spread, irregularly shaped colony in the absence of EO and Es (J); Magnification: (A–D) $\times 100$.

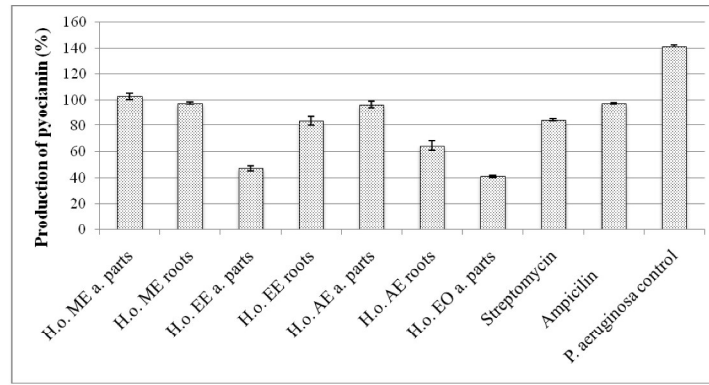


Fig. 2 Reduction of pyocyanin production of *P. aeruginosa* PAO1 by *H. orphanidis* EO, Es and streptomycin and ampicillin tested at subMICs (mg ml⁻¹).

279x361mm (300 x 300 DPI)

1 **Table 1** Yields of *H. orphanidis* crude Es obtained by ultrasonic extraction (g)

Mass (g)	<i>H. orphanidis</i> Es					
	ME		EE		AE	
	Aerial parts	Roots	Aerial parts	Roots	Aerial parts	Roots
	0.686	2.149	0.510	1.341	0.538	1.417

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29 **Table 2** Chemical composition of EO of *H. orphanidis* aerial parts

Compounds	KIE*	KIL*	%
<i>n</i> -Heptanal	911.9	901	0.09
Sabinene	966.5	969	0.21
2-Pentyl furan	984.9	984	0.10
<i>n</i> -Octanal	998	998	1.20
<i>n</i>-Octanol	1090.8	1063	39.57
<i>n</i> -Nonanal	1099	1100	0.77
<i>cis-p</i> -Menth-2-en-1-ol	1121.4	1118	0.12
<i>trans-p</i> -Menth-2-en-1-ol	1138	1136	0.11
<i>trans</i> -Verbenol	1142.9	1140	0.09
<i>p</i> -Mentha-1,5-dien-8-ol	1165.1	1166	0.08
Terpinen-4-ol	1171.7	1174	0.45
<i>p</i> -Cymen-8-ol	1187.9	1179	0.24
<i>n</i>-Octyl acetate	1210.3	1211	14.12
<i>n</i> -Decanol	1266.1	1266	1.41
Isobornyl acetate	1271.6	1283	0.20
Undecanal	1294.2	1305	0.29
α -Copaene	1357.9	1374	0.16
Daucene	1361.7	1380	0.18
<i>b</i> -Bourbonene	1366.5	1387	0.30
β -Elemene	1378.1	1389	2.03
Dodecanal	1395.8	1408	0.24
Decyl acetate	1397.5	1407	0.76
<i>trans</i> -Caryophyllene	1402.3	1417	0.47
<i>n</i> -Octyl 2-methyl butyrate	1425.2	1421	1.39
α -Humulene	1434.3	1452	0.17
<i>trans</i> - β -Farnesene	1440.5	1454	0.16
Germacrene D	1462.5	1484	0.49
β -Selinene	1467.3	1489	0.34
(<i>E</i>)- β -Ionone	1469.5	1487	0.42
α -Selinene	1477.4	1498	0.33
<i>n</i> -Octyl 3-methyl-2-butenolate	1504.5	n.i.*	0.47
<i>trans</i> -Nerolidol	1560.1	1561	0.98
Octyl hexanoate	1581.7	1570	17.62
Carotol	1589.7	1594	0.30
Tetradecanal	1596.9	1611	0.18
Hinesol	1637.8	1640	0.18
Selina-3,11-dien-6- α -ol	1641.0	1642	0.19
Cedr-8(15)-en-10-ol	1650.3	1650	0.13
Cedr-8(15)-en-9- α -ol	1655.3	1650	0.16
8-Cedren-13-ol	1690.1	1688	0.13
epi-Nootkatol	1703.7	1699	0.11
Oplopanone	1745.4	1739	2.12
Octyl octanoate	1763.8	1767	1.91

Octyl benzoate	1799.3	1792	0.13
Neophytadiene, Isomer II	1822.8	1830	1.36
Hexahydrofarnesyl acetone	1828.6	1845	0.22
Neophytadiene, Isomer III	1846.1	1854	0.03
Octyl nonanoate	1856	1876	0.13
Nonadecane	1884.9	1900	0.06
Methyl hexadecanoate	1917.1	1921	0.12
Octyl decanoate	1963.4	1978	2.55
Octadecanal	2017.1	2017	0.48
<i>trans</i> -Phytol	2091.5	2114	0.79
Octyl dodecanoate	2150.1	2158	0.14
Octyl tetradecanoate	2348.8	2374	0.26
Total			97.24
Number of constituents			55
Monoterpene hydrocarbons			0.21%
Oxygenated monoterpenes			1.09%
Sesquiterpene hydrocarbons			4.63%
Oxygenated sesquiterpenes			2.18%
Oxygenated diterpenes			0.79%
Aldehydes			3.25%
Esters of fatty acids			39.8%
Fatty alcohols			40.98%
Ketones			2.54%
Others			1.77%

30 *KIE: Kovàts (retention) Index experimentally determined (AMDIS).

31 *KIL: Kovàts (retention) Index - literature data (Adams, 2007).

32 *n.i.: not identified

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46 **Table 3** Preliminary LC-MS analysis of the composition of ME of *H. orphanidis* aerial parts

R _t (min)	TOFMS (<i>m/z</i>) [ESI ⁺]	Formula	Compound	Reference
7.968	416.1543 [M + NH ₄] ⁺	C ₁₈ H ₂₂ O ₁₀	5-Sinapoylquinic acid	Schinkovitz et al. (2003)
	237.0756 [M + H] ⁺	C ₁₂ H ₁₂ O ₅	6,7,8-Trimethoxycoumarin	Williams (1970)
12.425	217.0505 [M + H] ⁺	C ₁₂ H ₈ O ₄	Isobergapten, Bergapten, Allobergapten, Sphondin	Niu et al. (2002)
13.395	217.0520 [M + H] ⁺	C ₁₂ H ₈ O ₄	Xanthotoxin	Niu et al. (2002), Gupta et al. (1978)
13.495	247.0598 [M + H] ⁺ ,	C ₁₃ H ₁₀ O ₅	Pimpinellin, Isopimpinellin	Niu et al. (2002), Zhongwen et al. (1993)
14.095	158.1533 [M + H] ⁺ 315.3008 [2M + H] ⁺	C ₉ H ₁₉ NO	Not identified	-
17.266	231.1072 [M + H] ⁺ , 483.1774 [2M + Na] ⁺	C ₁₄ H ₁₄ O ₃	7-Isopentenyl- Oxycoumarin, Osthenol	Belenovskaya et al. (1977) Komissarenko and Buziashvili (1966)
18.034	301.1062 [M + H] ⁺	C ₁₇ H ₁₆ O ₅	Phellopterin	Marčetić et al. (2013), Roman et al. (2011)
20.063	279.2326 [M + H] ⁺	C ₁₈ H ₃₀ O ₂	Linolenic acid	Maggio et al. (2013), Fischer and Svendsen (1976)
22.771	299.1651 [M + H] ⁺	C ₁₉ H ₂₂ O ₃	Ostruthin	Schinkovitz et al. (2003), Williams (1970)
23.651	280.2674 [M + NH ₄] ⁺	C ₁₈ H ₃₀ O	<i>E,E</i> -Farnesylacetone	Inoue et al. (2010)
12.656	329.2344 [M - H] ⁻ ,	C ₁₈ H ₃₄ O ₅	Pinellic acid	Waksmundzka-Hajnos et al. (2006),
20.050	295.2286 [M - H] ⁻ , 331.2057 [M + Cl] ⁻ ,	C ₁₈ H ₃₂ O ₃	Vernolic acid	Belenovskaya et al. (1977)
25.740	279.2336 [M - H] ⁻ ,	C ₁₈ H ₃₂ O ₂	9Z,12Z-Linoleic acid	Belenovskaya et al. (1977)

47 Mass accuracy within 5 ppm

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60 **Table 4** Preliminary LC-MS analysis of the composition of ME of *H. orphanidis* roots

R _t (min)	TOFMS (<i>m/z</i>) [ESI ⁺ /ESI ⁻]	Formula	Compound	Reference
6.973	263.0915 [M + H] ⁺	C ₁₄ H ₁₄ O ₅	Vaginidiol, Smyrindiol	Shimomura et al. (1982), Merijanjan et al. (1980), Gupta et al. (1976) Jimenez et al. (2000)
9.993	287.0912 [M + H] ⁺	C ₁₆ H ₁₄ O ₅	Heraclenin, Isogosferol	Gupta et al. (1978) Bandopadhyay and Seshadri (1970), Kumar et al. (1976), Pathak and Manral (1988), Razdan et al. (1982)
	322.1281 [M + NH ₄] ⁺	C ₁₆ H ₁₆ O ₆	Heraclenol	Rastogi et al. (2007), Saraswathy et al. (1990), Kasumova and Serkerov (2011)
12.350	217.0496 [M + H] ⁺	C ₁₂ H ₈ O ₄	Isobergapten, Bergapten, Allobergapten, Sphondin	Niu et al. (2002)
13.389	217.0520 [M + H] ⁺	C ₁₂ H ₈ O ₄	Xanthotoxin	Niu et al. (2002), Gupta et al. (1978)
13.496	247.0790 [M + H] ⁺ , 515.0945 [2M+Na] ⁺	C ₁₃ H ₁₀ O ₅	Pimpinellin	Niu et al. (2002), Zhongwen et al. (1993)
14.168	247.0599 [M + H] ⁺	C ₁₃ H ₁₀ O ₅	Isopimpinellin	Niu et al. (2002), Zhongwen et al. (1993)
17.329	271.0972 [M + H] ⁺	C ₁₆ H ₁₄ O ₄	Imperatorin, Isoimperatorin	Gupta et al. (1978), Komissarenko et al. (1978)
17.462	493.1125 [M + H] ⁺ , 510.1392 [M + NH ₄] ⁺ , 1007.2003 [2M + Na] ⁺	C ₂₆ H ₂₀ O ₁₀	Moellendorffilin	Komissarenko et al. (1978), Chacko et al. (2001)
18.033	301.1069 [M + H] ⁺	C ₁₇ H ₁₆ O ₅	Phellopterin	Marčetić et al. (2013), Roman et al. (2011)
19.864	243.1747 [M + H] ⁺ , 485.3412 [2M + H] ⁺	C ₁₇ H ₂₂ O	Falcarinone	Tolibaeov and Glushenkova (1996), Makarenko et al. (2007)
20.050	279.2318 [M + H] ⁺	C ₁₈ H ₃₀ O ₂	Linolenic acid	Maggio et al. (2013), Fischer and Svendsen (1976)
23.657	280.2727 [M + NH ₄] ⁺	C ₁₈ H ₃₀ O	<i>E,E</i> -Farnesylacetone	Inoue et al. (2010)
7.446	459.1069 [M + Cl] ⁻ , 469.1360 [M + HCO ₂] ⁻	C ₂₀ H ₂₄ O ₁₀	Apterin, Yunngnoside B, Smyrindiolside	Kobayashi et al. (1990), Tsevegsuren et al. (2004), Lin and Harnly (2008)
12.656	329.2344 [M - H] ⁻ ,	C ₁₈ H ₃₄ O ₅	Pinellic acid	Waksmundzka-Hajnos et al. (2006)
20.050	295.2286 [M - H] ⁻ , 331.2057 [M + Cl] ⁻ ,	C ₁₈ H ₃₂ O ₃	Vernolic acid	Belenovskaya et al. (1977)
25.740	279.2336 [M - H] ⁻ ,	C ₁₈ H ₃₂ O ₂	9Z,12Z-Linoleic acid	Komissarenko and Buziashvili (1966)

61 Mass accuracy within 5 ppm

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65 **Table 5** Antioxidant activities, TPCs and TFCs of *H. orphanidis* Es and EO (means \pm SD)

Assay/ <i>H. orphanidis</i> Es/EO/Standards		DPPH (IC ₅₀ = mg ml ⁻¹)	ABTS 1 mg/ml (mg Vit. C g ⁻¹ of DE)	B carotene linoleic acid (IC ₅₀ = mg ml ⁻¹)	TPC 1 mg/ml (mg GA g ⁻¹ of DE)	TFC 1 mg ml (mg QE g ⁻¹ of DE)
ME	Aerial parts	0.55 \pm 0.01 ^b	0.64 \pm 0.004 ^c	4.28 \pm 0.01 ^{ab}	57.20 \pm 0.002 ^b	18.39 \pm 0.007 ^b
	Roots	1.86 \pm 0.02 ^c	0.26 \pm 0.002 ^d	7.78 \pm 0.02 ^b	33.36 \pm 0.007 ^c	2.23 \pm 0.000 ^c
EE	Aerial parts	0.67 \pm 0.01 ^b	0.61 \pm 0.002 ^c	6.59 \pm 0.01 ^b	57.21 \pm 0.002 ^b	24.23 \pm 0.004 ^a
	Roots	1.76 \pm 0.01 ^c	0.21 \pm 0.000 ^d	9.86 \pm 0.01 ^c	35.55 \pm 0.006 ^c	1.78 \pm 0.005 ^c
AE	Aerial parts	0.70 \pm 0.09 ^b	1.13 \pm 0.000 ^b	8.51 \pm 0.03 ^{bc}	75.75 \pm 0.004 ^a	16.15 \pm 0.007 ^b
	Roots	2.81 \pm 0.03 ^d	0.20 \pm 0.001 ^d	17.46 \pm 0.02 ^d	28.74 \pm 0.002 ^c	5.08 \pm 0.005 ^c
EO		2.02 \pm 0.02 ^c	n.d.*	n.d.	n.d.	n.d.
Standards		BHA 0.13 \pm 0.01 ^a Vit C. 0.03 \pm 0.09 ^a	QE 2.75 \pm 0.004 ^a	BHA 1.22 \pm 0.02 ^a n.d.	n.d.	n.d.

66 Indicated letters mean significant difference (p < 0.05)

67 *n.d.: not determinate

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75 **Table 6** Antibacterial activities of *H. orphanidis* and standard determined by microdilution method in mg ml⁻¹ (means ± SD)

Bacteria/			Gram-positive bacteria				Gram-negative bacteria			
<i>H. orphanidis</i>	Es/EO/Standard		<i>B. cereus</i>	<i>M. flavus</i>	<i>L. monocytogenes</i>	<i>S. aureus</i>	<i>P. aeruginosa</i>	<i>E. coli</i>	<i>En. cloacae</i>	<i>S. tiphymurium</i>
ME	Aerial parts	MIC	0.4 ± 0.01 ^a	2 ± 0.06 ^b	1 ± 0.07 ^a	0.4 ± 0.03 ^a	2 ± 0.10 ^b	4 ± 0.01 ^c	2 ± 0.03 ^b	2 ± 0.00 ^b
		MBC	1 ± 0.07 ^a	4 ± 0.03 ^b	2 ± 0.01 ^a	1 ± 0.00 ^a	3 ± 0.07 ^b	7 ± 0.10 ^c	4 ± 0.04 ^b	3 ± 0.00 ^b
	Roots	MIC	0.2 ± 0.01 ^a	1 ± 0.01 ^b	1 ± 0.00 ^b	0.5 ± 0.00 ^a	1 ± 0.04 ^b	0.5 ± 0.05 ^a	2 ± 0.03 ^c	1 ± 0.05 ^b
		MBC	0.5 ± 0.03 ^a	2 ± 0.01 ^a	4 ± 0.01 ^b	1 ± 0.01 ^a	4 ± 0.02 ^b	1 ± 0.01 ^a	6 ± 0.00 ^c	2 ± 0.04 ^a
EE	Aerial parts	MIC	0.2 ± 0.02 ^a	2 ± 0.07 ^b	1 ± 0.02 ^{ab}	1 ± 0.05 ^{ab}	1 ± 0.02 ^{ab}	4 ± 0.00 ^c	2 ± 0.01 ^b	0.5 ± 0.01 ^a
		MBC	0.3 ± 0.02 ^a	4 ± 0.03 ^c	2 ± 0.02 ^b	2 ± 0.01 ^b	3 ± 0.05 ^b	5 ± 0.03 ^c	3 ± 0.08 ^b	1 ± 0.08 ^a
	Roots	MIC	0.4 ± 0.07 ^a	2 ± 0.02 ^b	2 ± 0.09 ^b	0.3 ± 0.03 ^a	2 ± 0.01 ^b	0.4 ± 0.03 ^a	0.5 ± 0.01 ^a	0.5 ± 0.03 ^a
		MBC	0.5 ± 0.01 ^a	5 ± 0.07 ^b	8 ± 01 ^c	0.4 ± 0.02 ^a	8 ± 0.01 ^c	0.5 ± 0.01 ^a	1 ± 0.01 ^a	1 ± 0.00 ^a
AE	Aerial parts	MIC	5 ± 0.09 ^a	10 ± 0.07 ^b	5 ± 0.05 ^a	10 ± 0.07 ^b	5 ± 0.00 ^a	10 ± 0.04 ^b	10 ± 0.00 ^b	10 ± 0.01 ^b
		MBC	> 14 ± 0.05 ^c	> 14 ± 0.05 ^c	14 ± 0.1 ^b	> 14 ± 0.05 ^c	11 ± 0.04 ^a	13 ± 0.07 ^b	14 ± 0.05 ^b	> 14 ± 0.08 ^c
	Roots	MIC	5 ± 0.03 ^a	10 ± 0.01 ^c	5 ± 0.02 ^a	5 ± 0.00 ^a	5 ± 0.07 ^a	8 ± 0.02 ^b	5 ± 0.02 ^a	5 ± 0.02 ^a
		MBC	9 ± 0.01 ^a	> 14 ± 0.05 ^c	11 ± 0.01 ^b	7 ± 0.02 ^a	11 ± 0.02 ^b	9 ± 0.01 ^a	10 ± 0.01 ^b	10 ± 0.02 ^b
EO	MIC	0.13 ± 0.03 ^a	0.26 ± 0.01 ^b	0.26 ± 0.00 ^b	0.13 ± 0.04 ^a	0.13 ± 0.03 ^a	0.26 ± 0.07 ^b	0.26 ± 0.02 ^b	0.13 ± 0.07 ^a	
	MBC	0.26 ± 0.02 ^a	0.53 ± 0.00 ^b	1.05 ± 0.07 ^c	0.26 ± 0.01 ^a	0.26 ± 0.00 ^a	0.53 ± 0.05 ^b	1.05 ± 0.01 ^c	0.26 ± 0.03 ^a	
Streptomycin	MIC	0.09 ± 0.00 ^a	0.17 ± 0.02 ^b	0.17 ± 0.01 ^b	0.04 ± 0.00 ^a	0.17 ± 0.04 ^b	0.17 ± 0.00 ^b	0.26 ± 0.01 ^c	0.17 ± 0.00 ^b	
	MBC	0.37 ± 0.02 ^a	0.37 ± 0.00 ^a	0.49 ± 0.03 ^a	0.37 ± 0.02 ^a	1.24 ± 0.00 ^c	0.49 ± 0.03 ^a	0.74 ± 0.07 ^b	0.49 ± 0.03 ^a	

76 Indicated letters mean significant difference (p < 0.05)

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78 **Table 7** Antifungal activities of *H. orphanidis* and standard by microdilution method in mg ml⁻¹ (means ± SD)

Fungi/ <i>H. orphanidis</i> Es/Standard			<i>C. albicans</i>	<i>T. viride</i>	<i>P. ochrochloron</i>	<i>P. funiculosum</i>	<i>A. fumigatus</i>	<i>A. versicolor</i>	<i>A. ochraceus</i>	<i>A. niger</i>
ME	Aerial parts	MIC	6 ± 0.02 ^b	6 ± 0.07 ^b	6 ± 0.02 ^b	6 ± 0.00 ^b	6 ± 0.01 ^b	3 ± 0.02 ^a	6 ± 0.02 ^b	6 ± 0.05 ^b
		MFC	14 ± 0.03 ^b	8 ± 0.01 ^a	8 ± 0.10 ^a	8 ± 0.03 ^a	8 ± 0.01 ^a	8 ± 0.10 ^a	8 ± 0.02 ^a	18 ± 0.05 ^c
	Root	MIC	4 ± 0.03 ^c	3 ± 0.02 ^b	2 ± 0.03 ^a	2 ± 0.01 ^a	3 ± 0.05 ^b	2 ± 0.01 ^a	2 ± 0.01 ^a	3 ± 0.07 ^b
		MFC	14 ± 0.01 ^b	4 ± 0.00 ^a	4 ± 0.05 ^a	4 ± 0.01 ^a	4 ± 0.01 ^a	3 ± 0.00 ^a	3 ± 0.00 ^a	14 ± 0.03 ^b
EE	Aerial parts	MIC	6 ± 0.05 ^c	4 ± 0.01 ^b	4 ± 0.00 ^b	2 ± 0.05 ^a	4 ± 0.0 ^b	2 ± 0.00 ^a	4 ± 0.01 ^b	4 ± 0.03 ^b
		MFC	8 ± 0.02 ^c	6 ± 0.00 ^b	5 ± 0.01 ^a	5 ± 0.07 ^a	5 ± 0.10 ^a	4 ± 0.05 ^a	6 ± 0.07 ^b	18 ± 0.10 ^d
	Root	MIC	8 ± 0.00 ^b	8 ± 0.01 ^b	4 ± 0.00 ^a	8 ± 0.01 ^b	4 ± 0.02 ^a	4 ± 0.02 ^a	8 ± 0.02 ^b	10 ± 0.01 ^c
		MFC	14 ± 0.02 ^c	10 ± 0.01 ^b	8 ± 0.02 ^a	10 ± 0.00 ^b	8 ± 0.01 ^a	8 ± 0.03 ^a	10 ± 0.05 ^b	14 ± 0.02 ^c
AE	Aerial parts	MIC	10 ± 0.01 ^a	10 ± 0.07 ^a	12 ± 0.07 ^b	10 ± 0.03 ^a	10 ± 0.03 ^a	12 ± 0.03 ^b	10 ± 0.05 ^a	14 ± 0.03 ^c
		MFC	18 ± 0.08 ^b	14 ± 0.03 ^a	16 ± 0.03 ^b	12 ± 0.01 ^a	18 ± 0.05 ^b	16 ± 0.1 ^b	16 ± 0.02 ^b	> 18 ± 0.07 ^c
	Roots	MIC	10 ± 0.01 ^b	12 ± 0.03 ^c	10 ± 0.02 ^b	10 ± 0.02 ^b	10 ± 0.03 ^b	5 ± 0.01 ^a	10 ± 0.02 ^b	10 ± 0.00 ^b
		MFC	12 ± 0.01 ^a	14 ± 0.07 ^b	12 ± 0.03 ^a	12 ± 0.1 ^a	14 ± 0.02 ^b	10 ± 0.03 ^a	14 ± 0.0 ^b	> 18 ± 0.01 ^c
Fluconazole	MIC	0.02 ± 0.01 ^a	1 ± 0.01 ^c	1.0 ± 0.07 ^c	0.25 ± 0.0 ^a	0.5 ± 0.02 ^b	0.13 ± 0.02 ^a	0.5 ± 0.0 ^b	0.25 ± 0.03 ^a	
	MFC	0.03 ± 0.00 ^a	1.5 ± 0.03 ^d	1.5 ± 0.03 ^d	0.5 ± 0.05 ^b	1 ± 0.02 ^a	0.5 ± 0.03 ^b	1 ± 0.05 ^c	1 ± 0.01 ^c	

79 Indicated letters mean significant difference (p < 0.05)

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83 **Table 8** Effects of *H. orphanidis* on biofilm formation of *P. aeruginosa* PAO1 (%)

<i>H. orphanidis</i>		Biofilm formation*		
Es/EO/Standards		0.5MIC (% ± SE)	0.25MIC (% ± SE)	0.125MIC (% ± SE)
ME	Aerial parts	70.53 ± 0.50	65.94 ± 1.53	66.91 ± 1.58
	Roots	77.78 ± 2.34	68.84 ± 2.47	66.67 ± 1.82
EE	Aerial parts	67.87 ± 1.65	66.43 ± 2.73	52.66 ± 2.71
	Roots	69.08 ± 0.87	72.22 ± 1.27	77.05 ± 0.78
AE	Aerial parts	74.64 ± 1.24	69.32 ± 1.48	63.53 ± 1.53
	Roots	74.88 ± 2.65	75.12 ± 0.65	75.36 ± 2.43
EO	Aerial parts	81.64 ± 2.73	80.92 ± 2.05	81.16 ± 2.73
	Ampicillin	69.16 ± 0.65	56.46 ± 0.46	92.16 ± 0.37
	Streptomycin	49.40 ± 0.46	70.97 ± 0.36	88.36 ± 0.42

84 *Biofilm formation values were calculated as: ((mean A₆₂₀ control well)/(mean A₆₂₀ treated well)/mean A₆₂₀ control
85 well) x 100.

86 Values are expressed as means ± SE.

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103 **Table 9** Effects of *H. orphanidis* on twitching and flagella mobility of *P. aeruginosa* PAO1

Parameters/ <i>H. orphanidis</i> Es/EO/Standards		Colony diameter (mm ± SE)	Flagella diameter (µm)	Colony colour	Colony edge
ME	Aerial parts	18.00 ± 3.00	56 - 104	White	Regular flagella
	Roots	12.33 ± 1.15	40 - 64	White	Reduced flagella
EE	Aerial parts	20.33 ± 4.51	32 - 64	Light green	Tiny flagella
	Roots	16.33 ± 3.21	24 - 56	Light green	Regular flagella
AE	Aerial parts	15.00 ± 1.00	32 - 64	White	Regular flagella
	Roots	11.33 ± 1.15	24 - 40	White	Reduced flagella
EO		10.33 ± 0.58	32 - 48	Light green	Reduced flagella
Streptomycin		11.00 ± 1.00	24 - 56	Green	Tiny flagella
Ampicillin		13.33 ± 5.03	16 - 56	Green	Regular flagella
Control (10⁹ CFU ml⁻¹)		12.00 ± 1.00	56 - 80	Light green	Regular flagella

104 Values for colony diameter are expressed as means ± SE.

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