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1 **Maillard reaction products formation and antioxidative power of spray dried**  
2 **camel milk powders increases with the inlet temperature of drying**

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23 **ABBREVIATIONS** **ABTS**, 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulphonic acid); **ALA**,  $\alpha$ -  
24 lactalbumin; **ANS**, 1-anilino-8-naphthalenesulfonate; **CD** circular dichroism; **CM**, camel milk;  
25 **CSA**, camel serum albumin; **FD**, freeze drying; **GLYCAM 1**, glycosylation-dependent cell  
26 adhesion molecule 1; **HPLC**, high performance liquid chromatography; **MR**, Maillard reaction;  
27 **SD**, spray drying; **SDS**, sodium dodecyl sulfate; **UHPLC**, ultra high performance liquid  
28 chromatography; **PAGE**, polyacrylamide gel electrophoresis

29 **ABSTRACT**

30 Demand for camel milk (CM) is increasing worldwide, due to its high nutritious value and health  
31 benefits. In this study, whole CM powders were produced by spray drying (SD) at six inlet  
32 temperatures (190°C - 250°C) and by freeze drying (FD). Physicochemical and functional  
33 properties of CM powder proteins were investigated. SD at higher inlet temperatures (230°C -  
34 250°C) resulted in higher extent of Maillard reaction (MR), in comparison to lower temperatures  
35 (190°C - 200°C) and FD treatment. Both treatments had negative effect on casein solubility,  
36 while whey proteins remained soluble and slightly increased its solubility with the extent of MR.  
37 The CM powders obtained at higher inlet temperatures demonstrated improved antioxidant  
38 activity. Secondary structure of whey proteins did not differ among the samples, while surface  
39 hydrophobicity of whey proteins was higher in all SD than in FD samples, suggesting only  
40 limited denaturation of camel whey proteins at higher inlet temperatures of drying. Thus, the  
41 effects of SD under the conditions applied in our study did not decrease camel whey protein  
42 solubility, while drying procedure itself regardless of temperature decreased solubility of camel  
43 milk caseins. MR generated during CM processing could be an important means of  
44 compensating for the lack of antioxidant protection normally associated with  $\beta$ -lactoglobulin but  
45 happens to be absent from this milk.

46 **Key words:**

47 Camel milk; camel milk powder; spray drying; inlet temperature; Maillard reaction

## 48 1. INTRODUCTION

49 Camel milk (CM) is gaining increasing popularity among consumers worldwide. Traditionally, it  
50 is consumed in arid and semi-arid regions as fresh or soured milk. Gross composition of CM is  
51 similar to that of ruminant species with slightly lower content of total solids, fat, protein and  
52 lactose, and higher content of minerals and vitamin C (Yadav, Kumar, Priyadarshini, & Singh,  
53 2015; Yoganandi, Mehta, Wadhvani, Darji, & Aparnathi, 2014). CM protein composition differs  
54 from the ruminant milk.  $\beta$ -lactoglobulin is absent from CM, and  $\alpha$ -lactoglobulin is the major  
55 whey protein similarly to human milk. The lack of  $\beta$ -lactoglobulin makes CM hypoallergenic  
56 (Ehlayel, Bener, Abu Hazeima, & Al-Mesafri, 2011). CM has higher whey protein to caseins  
57 ratio compared to cow's milk, which is responsible for the formation of soft and easily digestible  
58 coagulum (Berhe, Seifu, Ipsen, Kurtu, & Hansen, 2017; Shamsia, 2009). CM has the smallest  
59 milk-fat globules, in comparison to ruminants, which do not naturally aggregate due to the  
60 absence of agglutinin (Khalesi, Salami, Moslehisad, Winterburn, & Moosavi-Movahedi, 2017).  
61 Together with the absence of  $\beta$ -lactoglobulin this results in better digestibility of CM in the  
62 human gastrointestinal tract (Meena, Rajput, & Sharma, 2014). High content of lysozyme,  
63 lactoferrin, lactoperoxidase and immunoglobulins confer to CM high antimicrobial activity (El  
64 Agamy, Ruppner, Ismail, Champagne, & Assa, 1992). Bioactive peptides from CM were  
65 found to exert inhibitory activity towards key metabolic enzymes related to diabetes and obesity  
66 (Mudgil, Kamal, Yuen, & Maqsood, 2018). Many other therapeutic properties have been  
67 reported for CM such as antihypertensive, antithrombotic, anticancer and antiviral activity  
68 (Berhe et al., 2017; El Agamy et al., 1992; Mati et al., 2017). Apart from numerous health  
69 promoting effects, milk consumption possess certain health risks which are primarily associated  
70 with milk contamination by aflatoxins, secondary metabolites of some *Aspergillus spp.* members

71 (Ketney, Santini, & Oancea, 2017). Interestingly, CM has been reported to contain lower levels  
72 of aflatoxins compared to ruminant milk (Hussain, Anwar, Asi, Munawar, & Kashif, 2010;  
73 Rahimi, Bonyadian, Rafei, & Kazemeini, 2010).

74 Milk dehydration and production of milk powders is commonly used to stabilize milk  
75 constituents for their storage and to facilitate transportation. Cow's milk powders are highly  
76 utilized in food industry as food additives to improve color, flavor, texture, and nutritional value  
77 of dairy and non-dairy products, but also to improve emulsifying, gelling and foaming  
78 characteristics of food products. The most frequently employed technique to produce milk  
79 powders is spray drying (SD). It involves SD of milk into a current of hot gas where water from  
80 the fine droplets is rapidly evaporated (Schuck et al., 2016). SD parameters influencing  
81 physicochemical characteristics of milk/dairy powders are feed solids concentration, milk flow  
82 rate, inlet temperature, outlet temperature, and nozzle air pressure. Drying air temperature has  
83 significant effects on water activity, glass transition temperature, color properties, and particle  
84 morphology of final milk powders (Habtegebriel, Edward, Wawire, Sila, & Seifu, 2018; Ogolla  
85 et al., 2019; Zouari et al., 2018). It has been observed that higher inlet temperatures give rise to  
86 bigger particles with lower surface free fat, which reduces lipid peroxidation in bovine milk  
87 powders resulting in improved flavor quality (Nijdam & Langrish, 2006; Park, Bastian, Farkas,  
88 & Drake, 2014; Park, Stout, & Drake, 2016).

89 During drying, particles usually reach temperature considerably lower than inlet temperature,  
90 since the thermal energy is consumed for evaporation (Schuck, le Floch-Fouere, & Jeantet,  
91 2013). Still, SD process creates conditions under which Maillard reaction (MR) may take place,  
92 i.e. water evaporation, high temperature, high concentration of lactose and lysine-rich proteins,  
93 reduced water activity. In dairy products, lysyl residues of milk proteins react with carbonyl

94 groups of lactose to initiate MR. Lactosylation of cow's milk proteins *via* MR upon SD treatment  
95 has been documented in the literature (Mehta & Deeth, 2016). Extensive lactosylation was found  
96 on skim bovine milk powder proteins when SD at inlet temperature 185°C (90°C outlet  
97 temperature) (Guyomarc'h, Warin, Muir, & Leaver, 2000). SD outlet temperature exerted strong  
98 effect on browning of bovine cheese powder *via* MR (Koca, Erbay, & Kaymak-Ertekin, 2015).

99 Effects of SD on MR products of CM were rarely studied. The increase in drying air temperature  
100 and a decrease in flow rate caused reduction of lightness of CM powder indicating occurrence of  
101 MR and caramelisation (Ogolla et al., 2019). Sulieman et al. found SD CM powders to be lighter  
102 in color compared to cow's milk powders suggesting lower degree of MR (Sulieman, Elamin,  
103 Elkhalifa, & Laleye, 2014). Most of the studies investigating MR of dried dairy products were  
104 done on cow's milk, and data about MR products and antioxidant capacity of SD CM in relation  
105 to varying drying conditions are still scarce.

106 Therefore, the objective of the study was to compare the effects of two methods for milk powder  
107 preparation on CM proteins and MR: SD, as high temperature-based method favoring MR, and  
108 freeze drying (FD), as low temperature-based method. SD CM powders were produced at six  
109 different inlet temperatures (190°C - 250°C) using a pilot spray dryer. Protein profile, protein  
110 structure and MR in SD CM powders, in relation to inlet temperature, were compared to FD CM  
111 powder. Functional properties such as solubility and antioxidant activity were assessed.

## 112 **2. MATERIALS AND METHODS**

### 113 **2.1. Materials**

114 All the chemicals were of analytical grade, purchased from Sigma-Aldrich (St. Louis, MO,  
115 USA). Milli-Q water (Millipore, France) was used for all experiments.

### 116 **2.2. Spray drying of camel milk**

117 The spray drying experiments were conducted in the food pilot plant, Department of Food  
118 Science, College of Food and Agriculture, UAE University. Fresh raw CM was supplied by Al-  
119 Ain Farms (UAE), one of the largest camel farms in UAE with around 1,500 lactating camels,  
120 and immediately stored at +4°C. Whole milk was concentrated to 28% solids (wt/wt) using a  
121 pilot unit vacuum evaporator (Model FT22, Armfield Ltd, UK) with boiling temperature set at  
122 70°C. The concentrated CM was homogenized by pressure to emulsify the free fat that may  
123 release during evaporation. The concentrated and homogenized CM was dried using a pilot  
124 model spray dryer (Model FT80, Armfield Ltd, UK), and the spray drying process is presented in  
125 Fig. S1. The counter current configuration of the spray dryer was used with a maximum water  
126 evaporation rate of 3 l/h. In this study, the twin fluid pressure nozzle atomizer was used.  
127 Shearing between high velocity air and low velocity liquid disintegrates the liquid stream into  
128 droplets, producing a high velocity spray. The inlet temperature was set at six levels: 190°C,  
129 200°C, 210°C, 230°C, 240°C and 250°C, and the corresponding outlet temperatures were as  
130 follow: 71°C, 74°C, 78°C, 84°C, 88°C and 92°C. FD (lyophilized) CM was prepared with a  
131 vertical freeze-dryer Telstar, Cryodos – 80 model (Terrassa, Spain). During the process, the  
132 chamber temperature was maintained at approximately -80°C and 0.05 mbar. The freeze drying  
133 process took 4 weeks to remove water from milk samples and reach the equilibrium. After drying  
134 all powders (SD and FD) were immediately stored at -21°C for 2 months until analyses, and at



135 +4°C during analysis (6 months). All powder samples were produced from the same batch of  
136 fresh milk. The moisture, protein and ash content are given in the Table S1.

### 137 **2.3. Reconstitution of camel milk powders**

138 Camel milk powders were reconstituted in 20 mmol/L sodium phosphate buffer pH 6.8 to a final  
139 concentration of 50 mg/ml with gentle stirring at room temperature for 1h. Insoluble protein  
140 fractions were removed by centrifugation at 10000 x g for 10 min. Supernatants, containing  
141 phosphate buffer soluble proteins of CM powders, are termed as soluble protein fractions in  
142 further text. Soluble protein fractions were defatted by tetrachloroethylene extraction (2:1 v/v)  
143 and dialyzed against 20 mmol/L sodium phosphate buffer pH 6.8. Protein concentration was  
144 determined by bicinoninic acid assay (Pierce, Amsterdam, The Netherlands).

145 For analysis of total proteins of CM powders, milk powders were dissolved in denaturing buffer  
146 (8 mol/L urea, 2 mol/L thiourea, 2% SDS, 20 mmol/L sodium phosphate pH 6.8) at  
147 concentration 200 mg of powder/ml, and diluted in 20 mmol/L sodium phosphate buffer pH 6.8  
148 for further analyses.

### 149 **2.4. Electrophoretic analysis**

150 Experimental details on electrophoretic analysis are described in Supplementary material.

### 151 **2.5. Proteomic identification of camel milk proteins from soluble fraction of freeze dried** 152 **camel milk powder**

153 The method is described in Supplementary material. The mass spectrometry proteomics data  
154 have been deposited to the ProteomeXchange Consortium via the PRIDE partner repository with  
155 the dataset identifier PXD023290 and 10.6019/PXD023290.

### 156 **2.6. Size exclusion chromatography**

157 Size exclusion chromatography was performed on UHPLC workstation Nexera XR (Shimadzu  
158 Corporation, Kyoto, Japan) using column ACQUITY UPLC Protein BEH SEC 125Å (4.6×150  
159 mm I.D., Waters, Milford, MA, USA). UV spectra were recorded at 220nm. Samples were  
160 applied to column at concentration 0.35 mg/ml. BEH125 SEC Protein Standard Mix (Waters)  
161 was used for column calibration. The data acquisition was performed using LabSolutions CS  
162 Analysis Data System (Shimadzu Corporation).

### 163 **2.7. Monitoring of Maillard reaction**

164 Fluorescent spectra of CM proteins were recorded on Horiba Scientific Fluoromax-4  
165 spectrofluorimeter (Horiba, Kyoto, Japan) in a 10 mm path length cell. Dialyzed soluble protein  
166 fraction was diluted to 0.5 mg/ml, and total CM proteins to 2 mg of powder/ml, in 20 mmol/L  
167 sodium phosphate buffer pH 6.8. The samples were excited at 340 nm and emission spectra were  
168 recorded in 350-600 nm range. The absorbance at 294 nm and 420 nm were measured by  
169 NanoDrop 2000c spectrophotometer (Thermo Scientific, USA). Protein concentration in soluble  
170 fraction was 3 mg/ml for A420 and A294, while for absorbance monitoring of total proteins 200  
171 mg of powder/ml for A420 and 10 mg of powder/ml for A294.

### 172 **2.8. Determination of protein carbonyls**

173 Carbonyls were determined by 2,4-dinitrophenylhydrazine assay in soluble protein fraction (3  
174 mg/ml) and in total CM proteins (12 mg of powder/ml) as described in (Perusko, Al-Hanish,  
175 Cirkovic Velickovic, & Stanic-Vucinic, 2015).

### 176 **2.9. Free amino group content**

177 The content of free amino groups was determined by ortho-phthalaldehyde method (Guan, Qiu,  
178 Liu, Hua, & Ma, 2006), except that 50 µl of dialyzed soluble fractions (0.5 mg/ml) were

179 incubated with 200  $\mu$ l of ortho-phthalaldehyde reagent. The content of remained free amino  
180 groups was expressed in percentages relative to FD sample which was taken as 100%.

### 181 **2.10. Circular dichroism spectroscopy**

182 Secondary structures of CM proteins were monitored by recording far-UV CD spectra.  
183 Experimental details are described in Supplementary material.

### 184 **2.11. Determination of surface hydrophobicity**

185 Surface hydrophobicity was determined based on the binding of the fluorescence probe 1-  
186 anilino-8-naphthalenesulfonate (ANS). Fluorescence spectra of dialyzed soluble protein fraction  
187 (0.4 mg/ml), saturated by ANS (80  $\mu$ mol/L) in 10 mmol/L sodium phosphate buffer pH 7.2 were  
188 recorded at excitation wavelength 350 nm, after incubation in the dark for 30 min.

### 189 **2.12. Solubility of spray dried camel milk proteins**

190 50 mg of milk powders was mixed with 1 ml of 20 mmol/L sodium phosphate buffer pH 6.8 at  
191 room temperature with gentle mixing at rocker for 1h. The CM samples were centrifuged at  
192 10000 x g for 20 min. The supernatants were withdrawn, defatted by tetrachloroethylene  
193 extraction (2:1 v/v) and protein concentration was determined.

### 194 **2.13. Antioxidant activity**

195 ABTS<sup>•+</sup> solution was generated in a reaction of 14 mmol/L ABTS with 5 mmol/L potassium  
196 persulfate for 24 hours protected from the light and subsequently was diluted to give absorbance  
197 approximately 0.9 at 670 nm. The aliquots of soluble protein fractions (30  $\mu$ l, 2.00 mg/ml) were  
198 added to 120  $\mu$ l of ABTS<sup>•+</sup> reagent and allowed to react for 6 min. Absorbance was measured at  
199 ELISA reader with 670 nm filter. Reducing power of soluble protein fractions (2.5 mg/ml) was  
200 determined according to (Perusko et al., 2015).

#### 201 **2.14. Determination of lipid peroxidation**

202 Lipid peroxidation was estimated by determination of malondialdehyde. Experimental details are  
203 described in Supplementary material.

#### 204 **2.15. Statistical analysis**

205 The data are presented as mean  $\pm$  standard deviation for experiments done in at least duplicates.  
206 Differences between the variables were tested for significance by one-way ANOVA  
207 accompanied with Tukey's post-hoc test using Origin Pro 8.5.1 (OriginLab, Northampton, MA).  
208 Differences at  $p < 0.05$  were significant.

### 209 **3. RESULTS**

#### 210 **3.1. Characterization of spray dried camel milk powder proteins by electrophoresis**

211 In the present study we have produced whole CM powders by FD and SD treatment at six inlet  
212 temperatures, 190°C, 200°C, 210°C, 230°C, 240°C and 250°C, and the samples were termed FD,  
213 SD190, SD200, SD210, SD230, SD240 and SD250, respectively. Physicochemical properties of  
214 CM proteins were compared and related to the degree of MR product formation. FD or SD whole  
215 CM powders, reconstituted in 20 mmol/L phosphate buffer pH 6.8, were centrifuged (10000 x g  
216 for 10 min) and defatted. The obtained supernatants were termed soluble protein fraction, and the  
217 term insoluble fraction was used for pellet. Soluble fraction contained only about 25% of total  
218 CM powder proteins. Total CM powder proteins were obtained by complete dissolving of CM  
219 powders in denaturing buffer (8 mol/L urea, 2 mol/L thiourea, 2% SDS, 20 mmol/L sodium  
220 phosphate pH 6.8), and this solution was termed total proteins.

221 Total proteins, soluble fractions and insoluble fractions were analyzed by SDS PAGE under  
222 reducing conditions (Fig. 1A, 1B and 1C). The major protein bands were identified by LC-

223 MS/MS (Fig. 1D and Excel tables E1). The most abundant proteins of total protein samples were  
224  $\alpha_{s1}$ - and  $\beta$ -casein with electrophoretic mobility corresponding to 30-35 kDa, as camel caseins are  
225 known for their lower electrophoretic mobility, in comparison to their bovine counterparts,  
226 depending on their phosphorylation patterns (Saliha, Dalila, Chahra, Saliha, & Abderrahmane,  
227 2013). In soluble fractions caseins were dramatically under-represented, especially  $\alpha_{s1}$ -caseins  
228 (Fig. 1B), suggesting that soluble fraction contains mostly camel whey proteins (about 85%). In  
229 contrast, insoluble fraction contained mostly caseins, with very low level of whey proteins (Fig.  
230 1C). Since CM caseins showed low solubility in both FD and SD samples, it seems that  
231 evaporation process, rather than high temperature, influenced their solubility. Caseins are known  
232 as proteins with no well-defined secondary and tertiary structures, and during evaporation casein  
233 micelles interact through casein molecules, mainly through hydrophobic interactions to form  
234 aggregates. The main factor in stabilization of casein micelles is the presence of  $\kappa$ -casein at their  
235 surface, and its glycosylated forms confer them electrostatic repulsion due to a negative charge,  
236 steric hindrance, and increased hydrophilicity (Broyard & Gaucheron, 2015). In contrast to  
237 bovine milk, CM casein micelles are known to contain higher content of hydrophobic  $\beta$ -casein,  
238 and also they are sparsely covered by  $\kappa$ -casein which is predominantly present in non-  
239 glycosylated form (Kappeler, Farah, & Puhan, 1998). Therefore, CM micelles might be more  
240 prone to aggregation by hydrophobic interaction and show decreased heat stability in comparison  
241 to bovine milk micelles. During storage, the casein micelles associate more firmly resulting in  
242 further decrease of milk powder solubility (Bansal, Truong, & Bhandari, 2017; Fang, Rogers,  
243 Selomulya, & Chen, 2012; Felix da Silva, Ahrné, Ipsen, & Hougaard, 2018). In general, CM  
244 proteins are known to be considerably less soluble than bovine milk proteins at neutral and  
245 alkaline pH (Maqsood et al., 2019).

246 Soluble fractions were also analyzed by SDS PAGE under non-reducing conditions (Fig. 1E) and  
247 by native electrophoresis (Fig. 1F). Although the protein profiles of SD samples and FD sample  
248 were the same under reducing as well as non-reducing conditions (Fig. 1A, 1C and 1D), SD at  
249 200°C, or higher inlet temperatures, induced smear of the major protein bands,  $\alpha$ -lactalbumin  
250 (ALA), glycosylation-dependent cell adhesion molecule 1 (GLYCAM 1) and camel serum  
251 albumin (CSA) towards higher molecular weights (Fig. 1B and 1E). The native electrophoresis  
252 (Fig. 1F) showed pronounced band smearing towards more acidic position in all SD samples, due  
253 to decreased protein pI values. The native electrophoresis (Fig. 1F) also showed high molecular  
254 weight constituents in the stacking gel in all samples. These soluble aggregates were of non-  
255 covalent nature, since denaturing reducing, and non-reducing conditions evidenced no disulfide  
256 or other covalent polymers. In insoluble fraction (Fig. 1C), smearing of  $\alpha_{s1}$ - and  $\beta$ -caseins could  
257 be observed, which was in parallel to smearing of whey proteins, and this suggests that the most  
258 dominant proteins of both fractions are modified. Thus, electrophoretic analysis evidenced  
259 indiscrete gradual increase in protein molecular weights (SDS-PAGE) and acidification (native  
260 electrophoresis), indicating covalent modification of CM proteins *via* MR, which is promoted at  
261 high temperatures.

### 262 **3.2. Characterization of proteins of soluble fraction by gel filtration**

263 Proteins of soluble fraction were analyzed by gel filtration, and their overlaid chromatograms are  
264 shown in Fig. 2. All samples contained soluble noncovalent aggregates with mass of about 200  
265 kDa (Rt 3.00 min, box I) and 112 kDa (Rt 3.44 min, box II), also noticed in native PAGE (Fig  
266 1F). However, Rt of the later (box II) in SD samples is shifted up to 3.42 min, implying that they  
267 are modified up to mass of about 115 kDa. In FD sample the peak of CSA was eluted at about 65  
268 kDa (box III, Rt 3.89 min), and in SD samples it was modified up to about 68.5 kDa (box III, Rt

269 3.85 min). Similarly, the mass of ALA in FD sample was about 12.5 kDa (box VII, Rt 12.5 min),  
270 while in SD samples ALA is modified up to 13.5 kDa (box VII, Rt 5.16 min). In addition to Rt  
271 shift, broadening of ALA peak, especially at higher SD inlet temperatures, can be observed. This  
272 implies intensive modification of ALA via MR, which was also observed in electrophoresis (Fig.  
273 1B, 1E and 1F). The peaks in box IV, box V and box VI originate from  $\alpha$ S1 -casein (Rt 4.44, 33  
274 kDa),  $\beta$ -casein/ $\kappa$ -casein (Rt 4.65, 25.5 kDa) and GLYCAM 1 (Rt 4.75, 22.5 kDa), respectively.

### 275 **3.3. Monitoring of Maillard reaction**

276 Spectrophotometric and fluorescence measurements, as indicators of MR, were done to compare  
277 the degree of MR among the samples. The formation of fluorophores, with a maximum emission  
278 at about 425 nm when excited at 350 nm, indicating early MR stages (Jing & Kitts, 2002), were  
279 monitored. Fluorescence intensity of SD samples obtained by higher inlet temperatures (SD230 –  
280 SD250) were significantly higher ( $p < 0.05$ ) than in FD sample and SD samples dried at lower  
281 temperatures (SD190 – SD210), in both total protein and soluble protein fraction (Fig. 3A, 3B  
282 and 3C). This suggests that extent of MR was dependent on drying temperature, but also that  
283 extent of MR of soluble protein fraction could represent the extent of MR of whole CM powders.

284 The UV absorbance at 294 nm, which indicates the formation of intermediate products  
285 (Ajandouz, Tchiakpe, Dalle Ore, Benajiba, & Puigserver, 2001), was employed to follow the  
286 progress of MR in CM samples. Similarly to fluorescence intensity, A<sub>294</sub> of samples dried at  
287 highest temperatures (SD240 and SD250) was significantly ( $p < 0.05$ ) higher than of the samples  
288 obtained by the lowest drying temperatures (SD190 and SD200) and FD sample, in both total  
289 protein and soluble protein fraction (Fig. 3D and 3E). The browning intensity (A<sub>420</sub> nm), as the  
290 late phase MR indicator, was almost not detectable in any of SD samples (Fig. 3D) of soluble

291 fraction, due to their low concentration. However, in total protein samples browning was  
292 observed (Fig. 3E), being significantly ( $p < 0.05$ ) higher at higher drying temperatures than at  
293 lower ones and in FD sample, therefore again showing dependence of MR extent on drying  
294 temperature.

295 The MR was further monitored in soluble fraction by the comparison of remained available –  
296  $\text{NH}_2$  groups for both type of treatments (Fig. 3F). Higher inlet temperatures (SD230 – SD250)  
297 resulted in significantly ( $p < 0.05$ ) lower content of free amino groups in comparison to FD and  
298 SD190 samples. In the sample SD250 remained amino group content was about 25% lower than  
299 in FD sample.

300 These results suggest that higher SD inlet temperatures result in higher degree of MR in  
301 comparison to lower temperatures, while absence of significant difference in MR extent between  
302 SD at lower inlet temperatures and FD indicates that SD at lower inlet temperatures are not able  
303 to notably accelerate MR. Park et al. (Park et al., 2016) also observed higher degree of MR in  
304 nonfat bovine milk powder after SD with inlet temperature of 260°C than with 160°C or 210°C.  
305 Domination of early stages of MR seems to be the result of very short exposure to high  
306 temperatures during drying (Maltesen & van de Weert, 2008).

307 The reactive  $\alpha$ -dicarbonyls, oxidation products of reducing sugars formed during MR in food  
308 systems, lead to oxidative deamination of basic amino acids and hence, cause protein  
309 carbonylation (Luna & Estévez, 2018; Villaverde & Estévez, 2013). Therefore, we have  
310 investigated formation of protein carbonyls and their relation to MR extent. Fig. 4A showed that  
311 in soluble fraction protein carbonyl content in samples SD at higher inlet temperatures (SD230 –  
312 SD250) was significantly higher ( $p < 0.05$ ) than FD and SD190 samples. Similarly, protein



313 carbonyl content in total CM proteins was significantly higher ( $p < 0.05$ ) after high-temperature  
314 drying than after FD and low-temperature drying (Fig. 4B). Moreover, protein carbonyls content  
315 strongly correlated ( $p < 0.005$ ) with all parameters for extent of MR (Fig. S2), suggesting that  
316 their generation is highly dependent on MR onward. Therefore, in addition to protein glycation  
317 due to MR, oxidative modifications of proteins, influencing their structural and functional  
318 properties, should also be taken into account for monitoring of MR. In the last few years, several  
319 studies demonstrated formation of food protein carbonyls during MR, especially of milk proteins  
320 (Choudhary, Arora, Kumari, Narwal, & Sharma, 2017; Oh et al., 2016; Perusko et al., 2015).  
321 This study, by showing the dependence of protein carbonyls content on MR extent, implies that  
322 their formation can be used as additional parameter for monitoring of MR in the future studies.

### 323 **3.4. Protein structure analysis**

324 To compare the secondary structures of soluble protein fraction of CM powders obtained by  
325 different methods, far-UV CD spectra were recorded (Fig. 5A). All SD and FD samples showed  
326 very similar spectra with peak minimum around 209 nm originating from whey proteins. Indeed,  
327 calculation of secondary structure fractions using mathematical model published by Raussens et  
328 al. (Raussens, Ruyschaert, & Goormaghtigh, 2003), revealed that there were no significant ( $p <$   
329  $0.05$ ) differences in the percentages of secondary structures among SD samples, neither between  
330 FD and SD samples (Table S2). These results suggest that high inlet temperatures up to  $250^{\circ}\text{C}$   
331 are not a factor influencing camel whey protein secondary structures. Also, presence of sugar  
332 (lactose) exerted thermoprotective effect on the protein secondary structure (Haque, Chen,  
333 Aldred, & Adhikari, 2015).

334 Some insight into tertiary structure differences between SD and FD samples were examined by  
335 binding of hydrophobic probe ANS, whose fluorescence intensity increases upon its non-

336 covalent binding to hydrophobic patches on protein surfaces. All SD samples in 190°C – 250°C  
337 range showed higher quantum yield after ANS addition, compared to FD sample (Fig. 5B),  
338 evidencing higher surface hydrophobicity. The highest hydrophobicity was observed in SD190  
339 sample due to partial protein unfolding and exposure of hydrophobic regions. In SD200 and  
340 SD210 samples hydrophobicity slowly decreased because of increased covalent binding of  
341 hydrophilic saccharide moieties *via* MR. However, under higher inlet temperatures during drying  
342 (SD230 – SD250) protein unfolding and hydrophobic regions exposure exceeds introduction of  
343 hydrophilicity, resulting in higher hydrophobicity than in sample SD210. Therefore, changes in  
344 protein surface hydrophobicity are result of hydrophobic region exposure, depending on protein  
345 unfolding, and extent of protein modification by hydrophilic species, depending on progression  
346 of MR. In addition, it should be mentioned that in all samples only small part of caseins  
347 remained, whose surface hydrophobicity is the most sensitive to high temperatures.

348 These results imply that short exposure time to high temperatures during SD was long enough to  
349 induce transient partial unfolding and higher surface hydrophobicity than in FD sample, but too  
350 short to induce differences in protein secondary structure of SD milk compared to FD milk.

### 351 **3.5. Solubility of freeze dried and spray dried camel milk powders**

352 Protein solubility of CM powders was estimated by measuring protein concentration in the  
353 supernatants obtained after reconstitution of milk powders. The samples obtained at higher inlet  
354 temperatures (SD230 – SD250), showed significant ( $p < 0.05$ ) increase in solubility compared to  
355 samples dried at lower temperatures (SD190 – SD210) or by FD (Fig. 6A). Similarly, SD of egg  
356 white at inlet temperature of 180°C did not alter protein solubility (Katekhong & Charoenrein,  
357 2017). Also, there was not much effect of inlet air temperature on solubility of goat milk powder  
358 obtained by SD in the range 160 – 180°C (Reddy et al., 2014). Higher solubility can be

359 explained by higher degree of attached lactose units to compact whey proteins *via* MR, providing  
360 steric hindrance and making CM proteins more hydrophilic, thus reducing aggregation through  
361 hydrophobic interactions. Indeed, solubility of the samples highly correlated with extent of MR  
362 (Fig. 6D and S3). Thus, higher extent of MR may slightly overcome formation of insoluble non-  
363 covalent aggregates at higher temperatures, resulting in increased protein solubility. Different  
364 outcomes have been observed in different studies. Previously published studies demonstrated  
365 that MR may improve protein solubility, as well as thermal stability (Liu & Zhong, 2012;  
366 Perusko et al., 2015). During storage/aging of milk protein powders, MR is actually decreasing  
367 the solubility, presumably by an increased cross-linking of proteins (Fan et al., 2018). Other  
368 authors demonstrated that operating at lower spray drying temperature ranges (140°C) is  
369 important for minimizing loss of the solubility of camel milk proteins (other studied inlet  
370 temperatures were 170 and 200°C). The authors also observed some loss of proteins solubility  
371 and extensive protein denaturation at elevated inlet/outlet temperature (250°C inlet (120°C  
372 outlet)) (Anandharamakrishnan, Rielly, & Stapley, 2007). Thus, the effect of spray drying on  
373 protein solubility is very complex and may depend on the variety of factors, such as extent of  
374 MR, degree of protein cross-linking and protein denaturation and sample itself. In our study, no  
375 significant structural changes/protein denaturation was observed and the extent of MR seems not  
376 to be high (no observable cross-linking and denaturation), minimizing negative effects of applied  
377 drying process on the solubility of proteins.

### 378 **3.6. Antioxidant activity of soluble fraction of camel milk powders**

379 Antioxidant properties of CM originate from its high content of vitamin C (Hailu et al., 2016)  
380 and CM proteins such as  $\beta$ -casein,  $\alpha$ -lactalbumin and lactoferrin (Berhe et al., 2017). Here, we  
381 examined relation between the inlet temperature and antioxidant activity of soluble CM proteins

382 (Fig. 6B and C). Soluble fraction demonstrated general trend of increased ABTS<sup>++</sup> scavenging  
383 ability (Fig. 6B), and reducing power (Fig. 6C), with increase of inlet temperature. The samples  
384 dried at inlet temperatures 210°C to 250°C were significantly more powerful ABTS<sup>++</sup> scavengers  
385 than FD and SD190 samples. ABTS<sup>++</sup> scavenging capacity correlated with the extent of MR (Fig.  
386 6D and S4). The reducing power of samples obtained at inlet temperatures SD230 to SD250 was  
387 significantly higher ( $p < 0.05$ ) compared to FD and SD190 to SD210 samples. The reducing  
388 power correlated ( $p < 0.005$ ) with all parameters for extent of MR (Fig. 6D and S5).

389 Early MR products of bovine milk proteins in milk powder and sweetened condensed milk were  
390 shown to possess antioxidant properties (Cortés Yáñez, Gagneten, Leiva, & Malec, 2018).  
391 Among industrial heat treated bovine milk (UHT, Microfiltered and High Quality Pasteurized),  
392 UHT treated milk showed the highest antioxidant capacity as a result of severe heat-treatment  
393 which induced formation of antioxidant compounds *via* MR (Manzi & Durazzo, 2017). Higher  
394 antioxidant activity of CM samples dried at higher inlet temperatures, could contribute to  
395 improved CM powder shelf-life. Antioxidant activity derived from MR products have important  
396 role during storage of dried dairy-based products, retarding lipid peroxidation and formation of  
397 volatile off-flavors (Giroux, Houde, & Britten, 2010; McGookin & Augustin, 1997). Indeed,  
398 determination of lipid peroxidation in lipid fraction of CM powder samples (Fig. 6E)  
399 demonstrated significantly ( $p < 0.05$ ) lower peroxidation in SD samples dried at lower  
400 temperatures (190°C and 200°C) than in FD sample, due to antioxidant effects of MR products.  
401 However, with increase of inlet temperatures lipid peroxidation was more intense, indicating that  
402 at higher temperatures lipid peroxidation overwhelmed protecting effect of generated MR  
403 products. Regardless of that, lipid peroxidation in samples obtained at inlet temperatures up to  
404 240°C is not higher than its level in FD samples due to antioxidant effects of MR products. Park

405 et al. demonstrated that during SD of bovine WPC higher inlet temperatures resulted in lower  
406 extent of lipid peroxidation in comparison to lower inlet temperatures (Park et al., 2014). This  
407 was explained by larger particle sizes encapsulating more fat during the drying process, and thus  
408 decreasing the amount of free fat. However, it should be mentioned that half of protein content in  
409 their samples was  $\beta$ -lactoglobulin, significantly contributing to antioxidant activity due to its free  
410 thiol group, which is lacking in CM. The results of this study suggest that higher antioxidant  
411 activity, induced by higher inlet temperatures, could also contribute to counteract lipid  
412 peroxidation.

413 Many antioxidants, which are natural components of food, are sensitive to processing conditions  
414 (such as temperature, pH, UV radiation) and storage, and thus are mostly lost. In contrast,  
415 processing and storage conditions mainly increase the content of MRPs, resulting in antioxidant  
416 enrichment in foods. Also, milk-based product “dulce de leche”, in addition to its pleasant aroma  
417 and color, have exceptional antioxidant capacity due to MRPs (Cortés Yáñez et al., 2018). In  
418 bovine milk, preheat temperatures trigger the release of free -SH groups (primarily from  $\beta$ -  
419 lactoglobulin) which provide some antioxidant protection during storage of the resulting whole  
420 milk powder. However, as camel milk is lacking  $\beta$ -lactoglobulin, generation of MRPs could be  
421 important compensation of antioxidant protection not only in camel milk, but also in other  $\beta$ -  
422 lactoglobulin-free milks, such as BLG-free milk produced by BLG bi-allelic knockout cow (Sun  
423 et al., 2018). On the other hand, the price for processing/storage-induced MRP-derived  
424 antioxidant enrichment is loss of lysine, and decreased nutritional value. Therefore, in milk-  
425 based products, especially  $\beta$ -lactoglobulin-free milks, MR should not be completely avoided, but  
426 antioxidant formation and loss of nutritional value should be balanced by controlled extent of  
427 Maillard reaction during processing/storage.

#### 428 **4. CONCLUSIONS**

429 Camel milk powder represents an attractive ingredient for food industry, and better  
430 understanding of physicochemical properties of proteins of CM powders, arisen during CM  
431 processing is needed for industrial manufacture of high quality powder. In this work, effects of  
432 SD, and inlet temperature as an important SD parameter, on CM proteins and MR were  
433 compared to effects of FD. CM caseins either from FD or SD powders demonstrated poor  
434 solubility. Inlet temperature of SD exerted significant effect on the MR of CM proteins, and  
435 higher temperatures promoted MR to a higher extent, in comparison to lower SD temperatures  
436 applied in this study and FD. Whey proteins, which remained soluble at all tested inlet  
437 temperatures, were modified *via* MR, and this was the most pronounced for ALA. Promoted MR  
438 resulted in formation of protein carbonyls, where carbonyl content strongly correlated with the  
439 extent of MR. Higher degree of MR, observed in samples treated at higher SD temperatures, also  
440 strongly correlated with improved functional properties, such as stronger antioxidant power. As  
441 CM lacks important antioxidant  $\beta$ -lactoglobulin, certain extent of MR could be desirable as  
442 compensation. Therefore, the controlled level of MR during processing/storage of CM-based  
443 systems would provide a balance between antioxidant enrichment and loss of nutritional value.

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451 **CONFLICT OF INTEREST**

452 Authors declare no conflict of interest.

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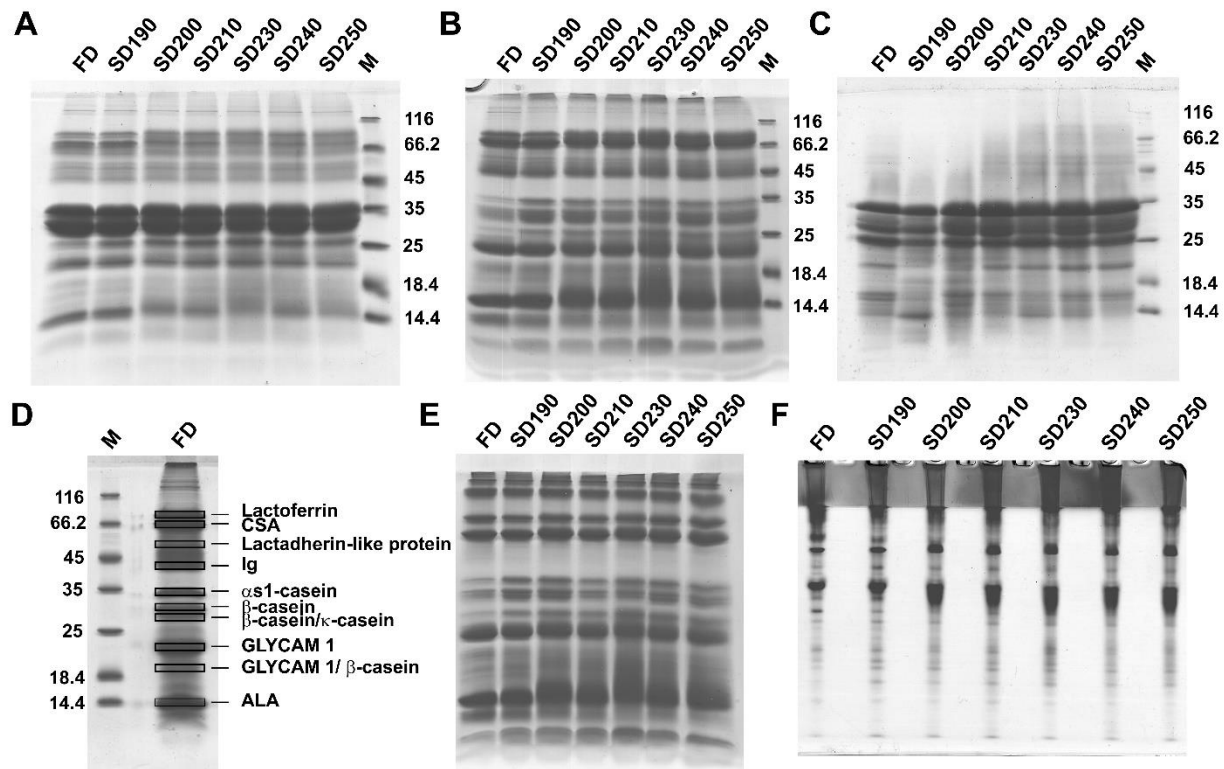
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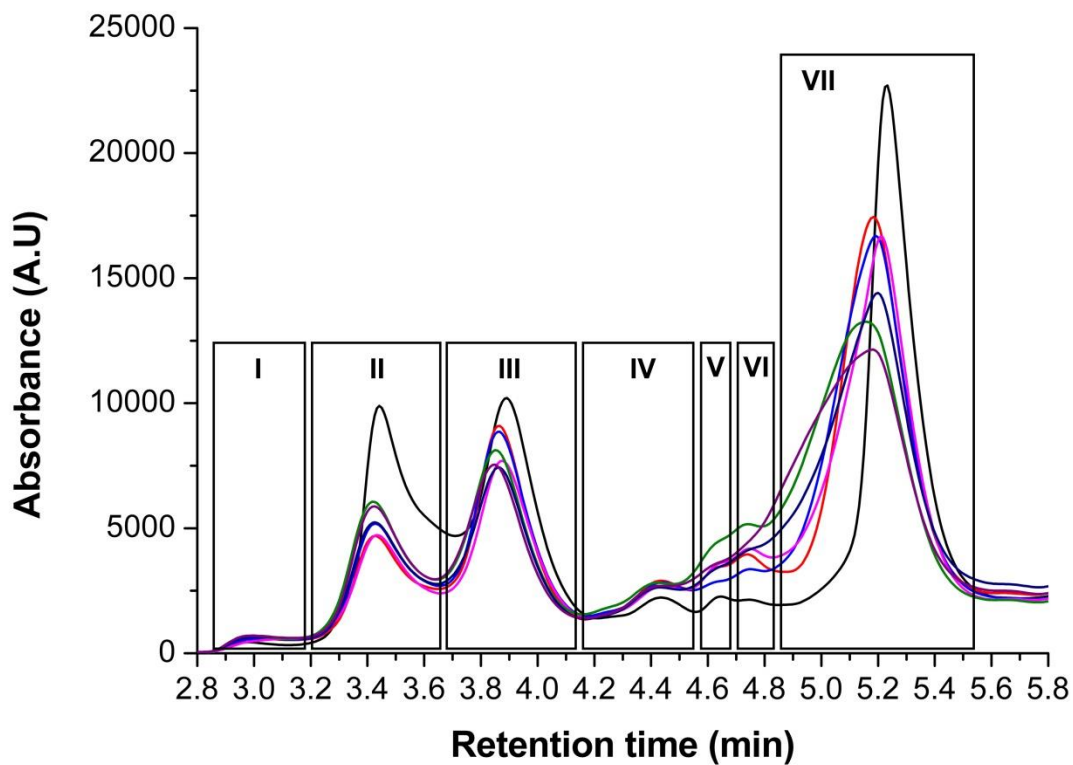
613 **FIGURE LEGENDS**



614

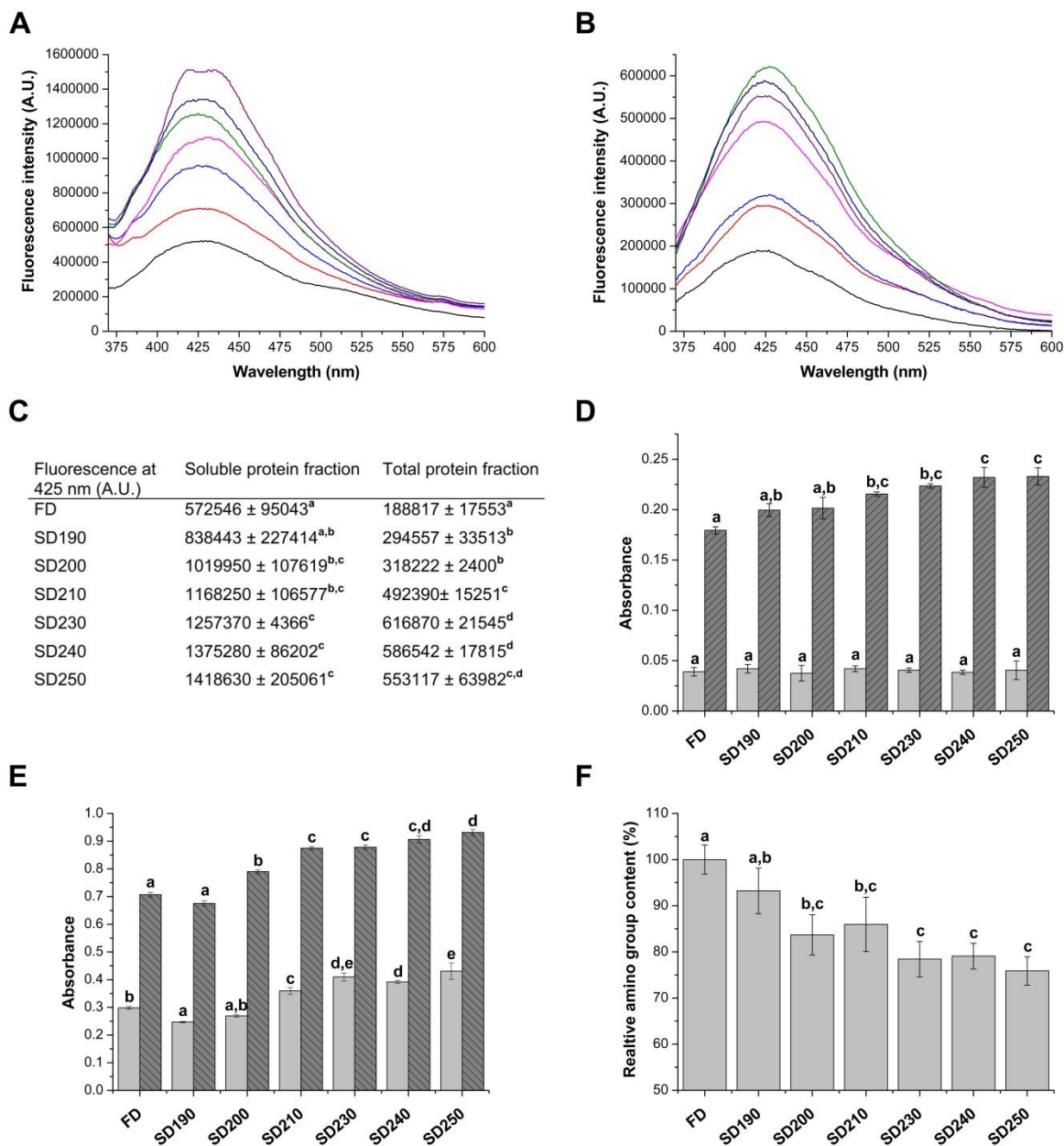
615 **Fig. 1.** Electrophoretic analysis of CM powder proteins obtained by SD and FD. Reducing SDS  
 616 PAGE of total CM powder proteins, dissolved in denaturing buffer (A), CM powder proteins  
 617 soluble (B) and insoluble (C) in 20 mM phosphate buffer pH 6.8. The major CM powder protein  
 618 bands identified by LC-MS/MS (D). CM powder proteins soluble in 20 mM phosphate buffer pH  
 619 6.8 resolved on non-reducing SDS PAGE (E) and native PAGE (F). M – molecular weight  
 620 markers.

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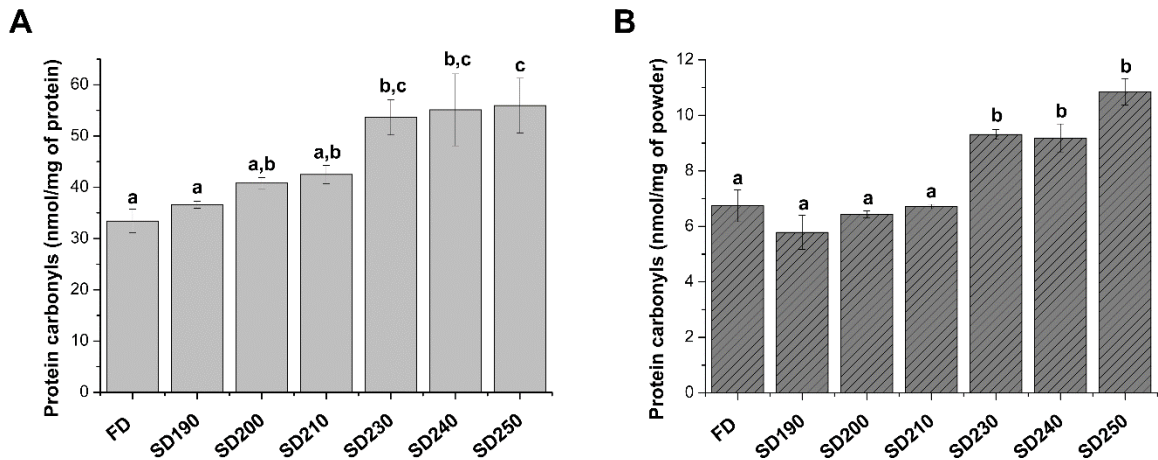
623 **Fig. 2.** Overlaid gel filtration chromatograms of soluble protein fraction proteins SD at six inlet  
 624 temperatures (190°C - 250°C) and FD. The chromatograms are normalized to the same total peak  
 625 area. — FD, — SD190, — SD200, — SD210, — SD230, — SD240, —  
 626 SD250



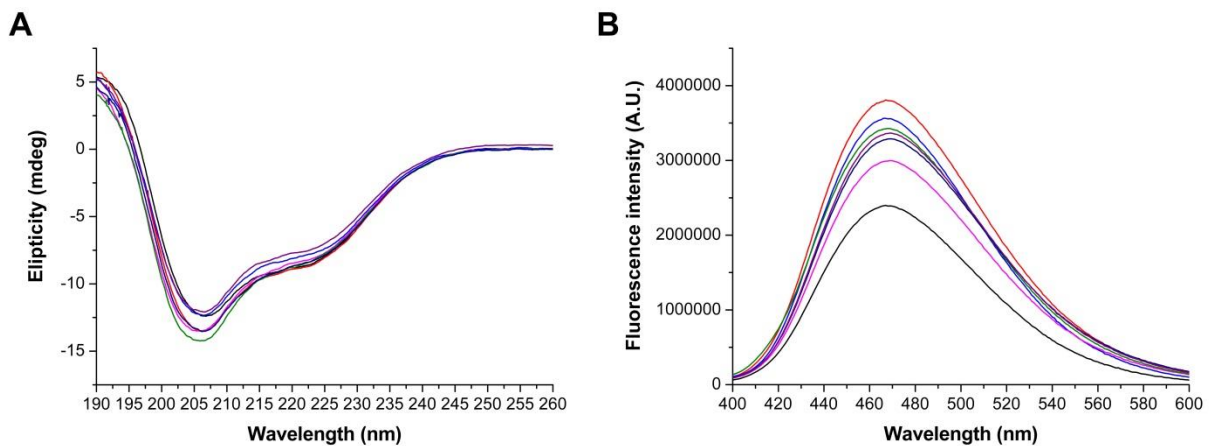
627

628 **Fig. 3.** Effects of SD and FD treatment on the extent of Maillard reaction. Fluorescence spectra  
 629 of CM powder proteins soluble in 20 mM phosphate buffer pH 6.8 (A) and total CM powder  
 630 proteins (B). Fluorescence intensity at 425 nm after excitation on 350 nm (C). Absorbance at 294  
 631 nm (striped dark grey bars) and 420 nm (light grey bars) of soluble protein fraction (D) and total  
 632 CM powder proteins (E). The relative free amino group content of soluble protein fraction (F).

633 Different small superscripts (a,b,c) denote significant differences ( $p < 0.05$ ). — FD, — SD190, — SD200, — SD210, — SD230, — SD240, — SD250.

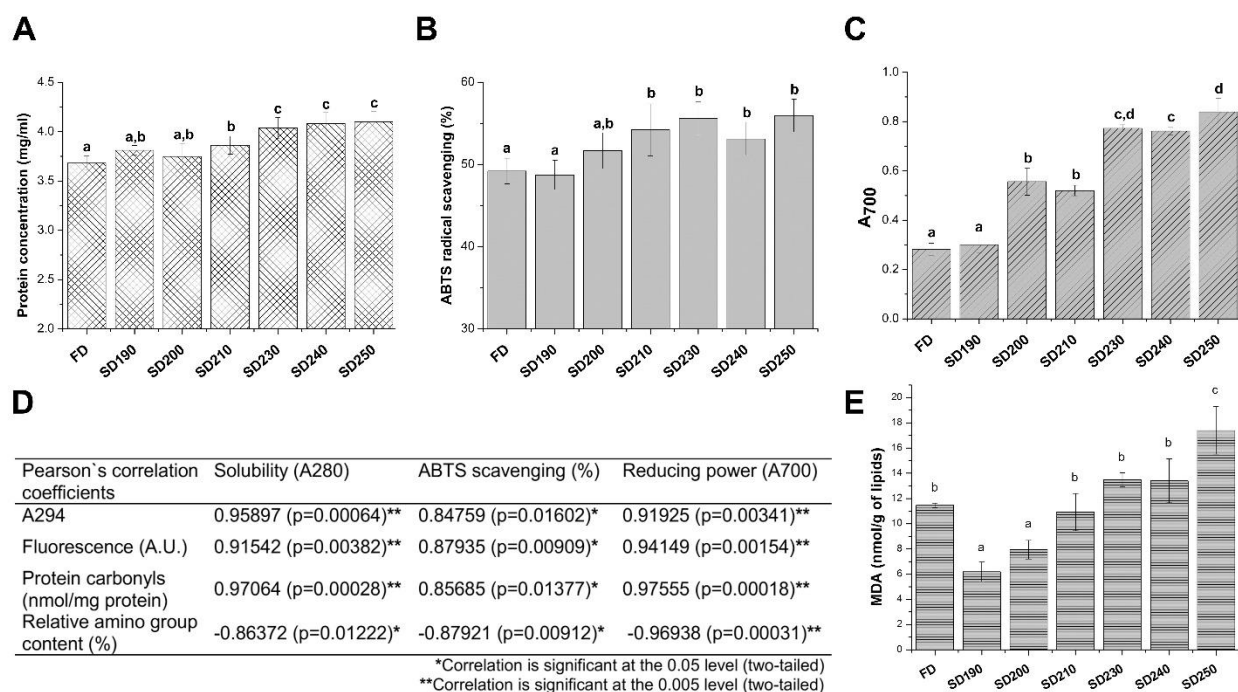


635  
636 **Fig. 4.** Protein carbonyl content in soluble protein fraction (A) and total CM powder proteins  
637 (B). Different small superscripts (a,b,c) denote significant differences ( $p < 0.05$ ). Figure legend is  
638 according to Fig. 1.



639

640 **Figure 5.** (A) Far-UV CD spectra of soluble camel milk proteins after freeze or spray drying in  
 641 190°C - 250°C temperature range. (B) ANS binding to soluble CM proteins upon FD and SD at  
 642 different temperatures. — FD, — SD190, — SD200, — SD210, — SD230,  
 643 — SD240, — SD250.



644

645 **Fig. 6.** (A) Solubility of CM powders expressed as protein concentration of supernatants of CM  
 646 powders reconstituted in 20 mM sodium phosphate buffer pH 6.8 (50 mg/ml); ABTS radical  
 647 scavenging capacity (B) and reducing power (C) of soluble protein fraction; (D) Correlation  
 648 between extent of MR and solubility and antioxidant activity. (E) Lipid peroxidation in lipid  
 649 fractions of CM powders. Different small superscripts (a,b,c) denote significant differences (p <  
 650 0.05).