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Cover design: Zoran Beloševac

Publisher: Faculty of Chemistry, Serbian Biochemical Society

Printed by: Colorgrafx, Belgrade

Serbian Biochemical Society
Eighth Conference
with international participation

University of Novi Sad – Rectorate Hall
16.11.2018. Novi Sad, Serbia

“Coordination in Biochemistry and Life”

Isolation, characterization and biological activity of R-phycoerythrin from red macroalgae *Porphyra* spp.

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Red algae *Porphyra* spp. are traditionally used in cuisine and medicine of Eastern Asia countries. *Porphyra* algae, popularly known as “nori”, are rich in proteins, dietary fiber, pigments, inorganic elements, vitamins, polyunsaturated fatty acids and mycosporine-like amino acids. In addition to exceptional nutritional value, a number of studies have shown beneficial physiological effects of these compounds, such as immunomodulating, anticancer, antihyperlipidemic and antioxidative activities, which is why nori has gained recognition as a superfood ¹.

R-phycoerythrin (R-PE) is the most abundant pigment in *Porphyra* spp. It is a water-soluble, intensely pink to red colored phycobiliprotein with yellow fluorescence. It's composed of apoprotein portion and covalently bound open-chain tetrapyrrole chromophores, red phycoerythrobilins and yellow-orange phycourobilins. Commercially, R-PE is mostly used as a fluorescent probe, with emerging application as an industrial dye. This protein gets increased recognition as a nutraceutical with pronounced antioxidative, anticancer, immunomodulatory and anti-aging potential ².

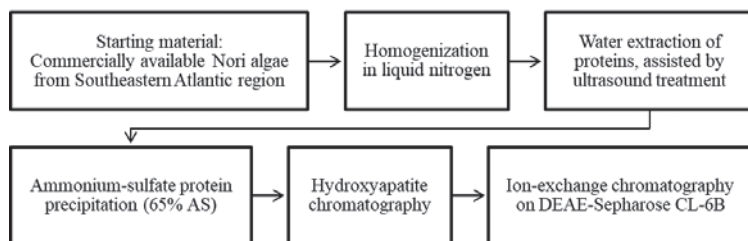


Figure 1. Schematic diagram of the isolation and purification protocol for R-PE from *Porphyra* spp.

In this study, we firstly isolated and purified R-PE from commercially available nori algae dried flakes, by the procedure optimized in our laboratory (Figure 1). By the same protocol, we also isolated *Porphyra*'s less abundant purple phycobiliprotein R-phycocyanin (R-PC), which was used for comparison purposes. Identities of isolated proteins were confirmed by SDS-PAGE (14% gel; not shown) and by standard spectroscopic methods (Figure 2), based on positions of the peaks in the UV-visible absorption and fluorescence

emission spectra. Obtained purity index was 3.8 for R-PC (A_{620}/A_{280}) and 5.7 for R-PE (A_{565}/A_{280}), suggesting analytical/standard purity for both proteins.

Furthermore, results of secondary structures analysis (from far-UV CD spectra data) suggest a high content of α -helices in R-PE (72%) and R-PC (66%), in accordance to literature data³. Thermal stability monitoring (by CD spectroscopy) and melting point (T_m) determination results indicate that R-PE ($T_m \sim 76,0^\circ\text{C}$) is notably more stable than R-PC ($T_m \sim 55^\circ\text{C}$), which makes it a good candidate for application in food industry.

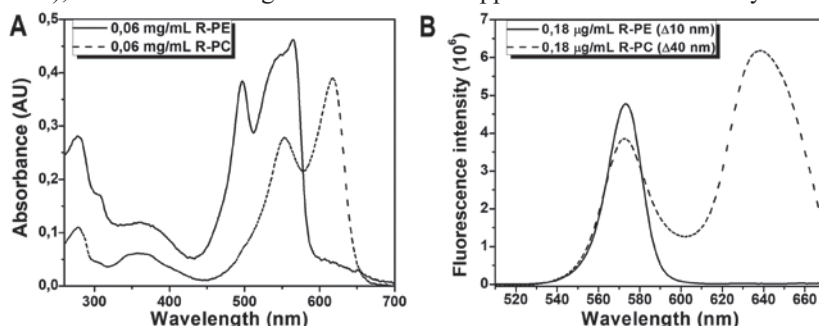


Figure 2. (A) UV-VIS absorption spectra of purified R-PE (with characteristic maxima at 498 and 565 nm) and R-PC (553 and 618 nm); (B) synchronous fluorescence spectra of R-PE ($\Delta\lambda$ 10 nm; maximum at 573 nm) and R-PC ($\Delta\lambda$ 40 nm; maxima at 573 and 638 nm).

Finally, we evaluated R-PE bioactivity in terms of its ability to bind physiologically important, redox active Cu^{2+} and Zn^{2+} ions, and protein antioxidant and free radicals scavenging activities. UV-VIS and CD spectroscopy data revealed binding of metal ions to R-PE, without significant impact on protein secondary structure. Binding constants determined by fluorescence quenching method were: $7.4 \times 10^5 \text{ M}^{-1}$ (Cu^{2+}) and $1.2 \times 10^3 \text{ M}^{-1}$ (Zn^{2+}). Results from *in vitro* assay systems [DPPH-, ABTS-, hydroxyl radical-, and superoxide anion radical-scavenging activity, ferric ion reducing ability of plasma (FRAP) assay, ferrous ion-chelating activity (FICA), and reducing power (RP) assay] showed that R-PE exhibit concentration-dependent antioxidant potential similar to, if not better than that found in R-PC. Our results support observed health-related benefits and importance of further research on this phycobiliprotein.

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CIP- Каталогизација у публикацији
Народна библиотека Србије

577.1(082)

SRPSKO biohemijsko društvo. Konferencija sa međunarodnim učešćem (8 ; 2018 ; Novi Sad) Coordination in biochemistry and life : [proceedings] / Serbian Biochemical Society, Eighth conference with international participation, 16.11.2018., Novi Sad, Serbia ; [editor Ivan Spasojević]. - Belgrade : Faculty of Chemistry : Serbian Biochemical Society, 2017 (Belgrade : Colorgrafx). - 198 str. : ilustr. ; 25 cm Tiraž 200. - Str. 11: Foreword / Ivan Spasojević. - Bibliografija uz većinu radova.

ISBN 978-86-7220-096-6 (FOC)

a) Биохемија - Зборници

COBISS.SR-ID 269798412